

## Friday, August 21, 2026

Clover Point · Victoria, BC

| START | FINISH | EVENT                                           |
|-------|--------|-------------------------------------------------|
| 15:00 | 15:30  | Race Briefing AG                                |
| 16:00 | 18:30  | Registration Age Group and Elite - Clover Point |
| 16:00 | 17:00  | Swim Familiarization                            |
| 18:00 | 19:00  | Elite Athlete Briefing (online)                 |

## Saturday, August 22, 2026

| START     | FINISH | EVENT                            |
|-----------|--------|----------------------------------|
| MORNING   |        |                                  |
| 5:30      | 7:00   | Transition Open (bike drop off)  |
| 7:10      | 7:18   | Opening Ceremony                 |
| 7:20      | 7:45   | Semi Final 1 – Jr/U23 Women (30) |
| 7:40      | 8:05   | Semi Final 2 – Jr/U23 Women (30) |
| 8:00      | 8:25   | Semi Final 1 – Jr/U23 Men 30     |
| 8:40      | 9:05   | Semi Final 2 – Jr/U23 Men 30     |
| 9:00      | 10:00  | Age Group Super Sprint Men       |
| 9:10      | 10:10  | Age Group Super Sprint Women     |
| 10:00     | 3:00   | Subaru Social - Open to all      |
| 11:30     | 11:55  | <b>B Final – Jr/U23 Women</b>    |
| 11:50     | 12:15  | <b>Final – Jr/U23 Women</b>      |
| AFTERNOON |        |                                  |
| 12:10     | 12:35  | <b>B Final – Jr/U23 Men</b>      |
| 12:30     | 12:55  | <b>Final – Jr/U23 Men</b>        |
| 12:30     | 2:30   | <i>Boomtown Social Triathlon</i> |
| 13:00     |        | Dallas Road re-opens             |
| 13:00     | 2:00   | Free 5km Run (open to all)       |
| 13:30     |        | Elite & AG Awards                |
| 14:30     | 3:00   | Kids' Race – Clover Point Loop   |

## Sunday, August 23, 2026

| START | FINISH | EVENT                                   |
|-------|--------|-----------------------------------------|
| 7:30  | 10:00  | Transition Open                         |
| 9:00  | 11:00  | <b>Jr/U23 Mixed Team Relay (1 wave)</b> |
| 10:00 | 1:00   | Subaru Social                           |
| 11:15 |        | Closing Awards                          |
| 13:00 |        | Dallas Road re-opens                    |