

A. INTRODUCTION

This document establishes the eligibility and selection criteria for individual selection to Triathlon Canada's entry to all 2019 Mixed Relay Events.

Not all Mixed Relay events in 2019 will be ITU events. In the event that a Mixed Relay event is not an ITU event, Triathlon Canada will abide by the local race organizers rules of entry and qualification. All ITU Mixed Relay events will be governed by ITU rules and regulations.

Triathlon Canada is committed to selecting the highest performing team using a combination of objective and subjective selection criteria; and in accordance with International Triathlon Union (ITU) entry criteria (if applicable). The primary goal is to achieve podium performances at all Mixed Relay events through the selection of athletes that demonstrate the highest level of success in whatever they attempt to do in the field-of-play.

1. The 2019 Mixed Relay **events calendar is attached in Schedule 1**
2. Selection according to the terms of this Policy will not qualify an athlete for participation in any ITU event if the athlete is not eligible according to the ITU Eligibility Rules applicable to the aforementioned events.
3. The ITU determines the maximum number of quota positions, as per the ITU Qualification Rules, for all the aforementioned events.
4. Neither this policy, nor the ITU require Triathlon Canada to select any or all athletes to the maximum number of allotted quota positions.
5. This policy can be amended at any time by TC if TC is of the opinion, that such an amendment is necessary due to any change in ITU guidelines, or to give effect to the Policy following discovery of a drafting error or oversight, or for any other reason determined to be in the best interests of TC by TC. TC shall not be responsible or liable in any way to any one as a result of any such amendment.
6. The Schedules and Appendices and any other document referred to in this document form part of this Selection Policy.
7. It is the athlete's responsibility to read and understand this Policy (and other supporting documents and/or policies).

In the first instance, for further clarification relating to this Policy, queries should be directed to the High Performance Director.

If an athlete is still unclear about the Policy (and other supporting documents and/or policies) operation or effect, independent legal advice should be sought.

B. ELIGIBILITY CRITERIA

Only athletes meeting the following terms will be eligible for selection.

1. ITU Eligibility Criteria

An athlete must:

- a. comply with all current ITU Rules regarding citizenship, national representation and eligibility.
- b. be a Canadian Citizen;
- c. complete the ITU medical Pre Participation Evaluation (PPE) prior to competing in any ITU event.

If there is any doubt regarding eligibility to compete for Canada, athletes must contact the Chief Executive Officer (CEO) of TC for clarification.

2. TC Specific Eligibility Criteria

An athlete must:

- a. Be a Canadian citizen;
- b. Be members in good standing with a Triathlon Provincial Sport Organization;
- c. Be in good standing with Triathlon Canada;
- d. Have a current Triathlon Canada International Competition Card (ICC);
- e. Have submitted all required ratified run/swim times as communicated by Triathlon Canada;
- f. Have completed 80% of daily metrics in Smartabase/Training Peaks;
- g. Be deemed healthy to race as per Triathlon Canada's Competition Readiness policy (see Appendix A); and
- h. Participate fully with Team Canada as per the Triathlon Canada Athlete Agreement
- i. Participate in the Triathlon Canada National Championship event
- j. Have a coach-of-record for the entirety of the ITU Olympic qualification period, unless otherwise approved by the High Performance Director, that:
 - Is in good standing with the Coaching Association of Canada or is in good standing with their respective home country's recognized coaching association/National Federation;
 - Is directly coaching the athlete in the daily training environment (this requires the coach to be demonstrably physically present at training sessions and/or races in a consistent manner);
 - Agrees to share all training logs or plans with Triathlon Canada's High Performance Director upon request.

C. SELECTION CRITERIA

k. SELECTION CRITERIA 2019 ITU Mixed Relay Series

All selections to 2019 ITU Mixed Relay Series Events will be through **discretionary selection and subject to available quota spots.**

Note: Selection to 2019 ITU Mixed Relay Series Events does not guarantee a start in associated individual races at the same event.

Note: Selection may or may not include alternates; and will be communicated to athletes at the appropriate time

Discretionary selection will be based on, but is not limited to, the following objective and subjective criteria (not in priority order).

- 2018/2019 individual results (placing and GMP) in WTS and World Cup sprint distance events.
- 2018/2019 team results (placing and GMP) in ITU Mixed Relay events
- 2018/2019 individual leg results (placing and GMP) in ITU Mixed Relay events.
- 2018/2019 individual semi-finals results (placing and GMP) in ITU World Cup and Continental Cup events hosting a semi-finals/finals format
- 2018/2019 team and individual leg results (placing and GMP) in Super League and Major League Triathlon Events
- Submitted ratified times as per 2018/2019 Triathlon Canada Ratified Times Policy
- Commitment to Triathlon Canada relay rosters as an alternate.
- Team dynamics, team compliance, race experience and other subjective criteria.
- Demonstrated ability and willingness to prioritize Triathlon Canada initiatives, compliance and strategies at any Triathlon Canada supported/identified events (ie Major Games, World Grand Final, Mixed Relay events, camps etc.) including assistance to another team member in a domestic role
- Demonstrated ability and willingness to integrate with any and all Triathlon Canada team plans (ie training, meetings, camps etc) at a Triathlon Canada supported/identified events (ie Major Games, World Grand Final, Mixed Relay events, etc.)
- Triathlon Canada's strategic initiative(s); specifically, Mixed Relay ranking/Olympic qualification
- Athletes with specific characteristics/abilities that result in exceptional Team performance. These abilities may be demonstrated through,
 - a) Evidence of consistent front-pack swimming
 - b) Evidence of world class T1 and T2 results
 - c) A demonstrated ability to close or establish gaps in the swim, bike, and/or run.
- Triathlon Canada's strategic initiative(s); specifically, Mixed Relay ranking/Olympic qualification
- ITU Individual Olympic Ranking in relation to the [ITU/IOC Olympic Qualification System](#)

ii. SELECTION CRITERIA Other 2019 ITU Mixed Relay Events or Identified Mixed Relay Events

All selections to the 2019 Mixed Relay Events other than the 2019 ITU Mixed Relay Series Events, will be through **discretionary selection AND** subject to ITU rules, available team entries (TBC with the ITU technical delegate) and number of eligible athletes. Triathlon Canada will notify athletes/coaches of other Mixed Relay events as dates/resources are confirmed. These events may include but are not exclusive to,

- ITU Mixed Relay Continental Championships
- Triathlon Australia Mixed Relay Invitational
- ITU World Grand Final U23/Junior Mixed Relay

Note: Selection to any 2019 ITU Mixed Relay Events or identified Mixed Relay events does not guarantee a start in associated individual races at the same event.

Note: Selection may or may not include alternates; and will be communicated to athletes at the

appropriate time

Discretionary selection will be based on, but is not limited to, the following objective and subjective criteria (not in priority order).

- 2018/2019 individual results (placing and GMP) in WTS and World Cup sprint distance events.
- 2018/2019 team results (placing and GMP) in ITU Mixed Relay events
- 2018/2019 individual leg results (placing and GMP) in ITU Mixed Relay events.
- 2018/2019 individual semi-finals results (placing and GMP) in ITU World Cup and Continental Cup events hosting a semi-finals/finals format
- 2018/2019 team and individual leg results (placing and GMP) in Super League and Major League Triathlon Events
- Submitted ratified times as per 2018/2019 Triathlon Canada Ratified Times Policy
- Commitment to Triathlon Canada relay rosters as an alternate.
- Team dynamics, team compliance, race experience and other subjective criteria.
- Demonstrated ability and willingness to prioritize Triathlon Canada initiatives, compliance and strategies at any Triathlon Canada supported/identified events (ie Major Games, World Grand Final, Mixed Relay events, camps etc.) including assistance to another team member in a domestic role
- Demonstrated ability and willingness to integrate with any and all Triathlon Canada team plans (ie training, meetings, camps etc) at a Triathlon Canada supported/identified events (ie Major Games, World Grand Final, Mixed Relay events, etc.)
- Triathlon Canada's strategic initiative(s); specifically, Mixed Relay ranking/Olympic qualification
- Athletes with specific characteristics/abilities that result in exceptional Team performance. These abilities may be demonstrated through,
 - d) Evidence of consistent front-pack swimming
 - e) Evidence of world class T1 and T2 results
 - f) A demonstrated ability to close or establish gaps in the swim, bike, and/or run.
- Triathlon Canada's strategic initiative(s); specifically, Mixed Relay ranking/Olympic qualification
- ITU Individual Olympic Ranking in relation to the [ITU/IOC Olympic Qualification System](#)

Using discretionary selection, Triathlon Canada will fill each subsequent team based on available team entries (as allotted by the ITU/Organizing Committee technical delegate) or till all athletes with validated **Expressions of Interest** have been exhausted (whichever comes first).

For example: Team Canada 1, Team Canada 2, etc.

NOTE: In the event that there are any unassigned athletes, Triathlon Canada is under no obligation to place athletes on teams with other federations.

D. FINAL TEAM ROSTERS

1. Final team rosters will be determined by Triathlon Canada as per ITU/Organizing Committee rules.

- Athletes selected as alternates are considered part of the team and are expected to retain competition readiness through till the day of the event.

E. EVENT COSTS

All event costs are the responsibility of the athlete unless otherwise communicated by Triathlon Canada. If Triathlon Canada, as the National Sport Federation, is managing an event's logistics and pre-paying expenses, all costs associated with the athletes' attendance and participation at the event will be invoiced to the athlete.

F. CONDITIONS AND PROCEDURES OF ENTRY

- In accordance with ITU rules all athlete entries into events are managed by Triathlon Canada;
- All athletes may submit **Expressions of Interest (EOI)** for MR events as soon as they submit their proposed race calendar in Smartabase;
- Triathlon Canada will send out a call for **Expressions of Interest (EOI)** pertaining to a series of upcoming ITU Events. The call for EOIs is emailed to all 2019 Triathlon Canada ICC holders as well as each Triathlon Canada Provincial Sport Organization.
- Any athlete wishing to compete in an ITU Mixed Relay event must submit their EOI via Smartabase no later than **45 days before race start**. Each EOI submitted will receive an automatic confirmation receipt. If an athlete does not receive a response, he/she should contact the Triathlon Canada office directly.

G. MODIFICATION OF POLICY

Triathlon Canada reserves the right, in extenuating circumstances, to modify this policy as it deems necessary in its sole discretion. In the event that this policy is modified, Triathlon Canada will promptly post an announcement on its website announcing the changes.

Extenuating circumstances may include, but are not limited to, ITU rule changes, non-competitiveness at any selection event(s), or inappropriate timing of any selection event(s) as it relates to the overall Triathlon Canada High Performance program.

H. LANGUAGE

Where there is a difference in interpretation between the French and English versions of this document, the English shall prevail.

I. APPEALS

Triathlon Canada is responsible for all Team decisions. As such, an athlete wishing to appeal a decision regarding the Team selection must follow the Triathlon Canada Appeals Policy (see Triathlon Canada website).

**SCHEDULE 1
COMPETITION CALENDAR**

- If there are any discrepancies the [ITU Events Calendar](#) will take precedence.
- **RED TEXT** – Domestic events
- **NOT all Mixed Relay Events are on this calendar as events are TBC at the time of this document's publication**

ITU MIXED RELAY Series, ITU Mixed Relay Event and WTS Calendar

Friday, March 8, 2019	World Triathlon Series	2019 ITU World Triathlon Abu Dhabi
Saturday, March 9, 2019	World Triathlon Series	2019 ITU World Triathlon Mixed Relay Series Abu Dhabi
Saturday, April 27, 2019	World Triathlon Series	2019 ITU World Triathlon Bermuda
Sunday, May 5, 2019	Continental Championship	2019 Monterrey CAMTRI Triathlon American Championship
Saturday, May 18, 2019	World Triathlon Series	2019 ITU World Triathlon Yokohama
Saturday, June 8, 2019	World Triathlon Series	2019 ITU World Triathlon Leeds
Saturday, June 15, 2019	World Triathlon Series	2019 ITU World Triathlon Mixed Relay Series Nottingham
Friday, June 28, 2019	World Triathlon Series	2019 ITU World Triathlon Montreal
Saturday, July 6, 2019	World Triathlon Series	2019 ITU Hamburg Wasser World Triathlon
Saturday, July 20, 2019	World Triathlon Series	2019 ITU World Triathlon Edmonton
Saturday, July 20, 2019	World Triathlon Series	2019 ITU World Triathlon Mixed Relay Series Edmonton
Thursday, August 29, 2019	World Championships	2019 ITU World Triathlon Grand Final Lausanne
Thursday, August 29, 2019	World Championships	2019 ITU World Triathlon Grand Final Lausanne U23/Junior Mixed Relay

APPENDIX A COMPETITION READINESS POLICY

INTRODUCTION

The purpose of this document is to outline the eligibility procedures (the “competition readiness” determinant) that will be used by Triathlon Canada to select athletes who wish to be entered in any international competition.

The objective of the Triathlon Canada Competition Readiness Policy (TCCRP) is to identify and support Canadian athletes who have demonstrated the ability to consistently manage and monitor their health status, adopt a safe and effective training program, communicate clearly and honestly their current health status to Triathlon Canada, and target the appropriate levels of competition; all with the intent of continued progression towards achieving a podium result at the Olympic/Paralympic Games and World Championships. Triathlon Canada will evaluate each athlete entry request on a case by case basis.

POLICY DETAILS

As per International Triathlon Union (ITU) rules and regulations, Triathlon Canada is solely responsible for validating and submitting entry of Canadian athletes into international competition.

Demonstrated competition readiness is only one of many eligibility requirements outlined in Triathlon Canada’s individual event selection criteria documents. Valid and up to date athlete/coaching training logs, Triathlon Canada athlete monitoring programs, validated medical diagnosis/prognosis (through Triathlon Canada’s team physician), and athlete performance analysis will be used to evaluate and determine the competition readiness of an athlete. Triathlon Canada High Performance Director will have sole discretion to allow or deny entry into an event.

TRIATHLON CANADA’S AUTHORITY FOR DECISIONS

All matters relating to the nomination of athletes for international competition are the sole authority of Triathlon Canada. Competition readiness will be determined based on an athlete meeting all of the following criteria

Criteria 1: Current Athlete Health Status

To be considered competition ready by Triathlon Canada, an athlete must provide or demonstrate the following to Triathlon Canada:

- 1.1 A medical report clearing the athlete for competition from Triathlon Canada’s team physician or from a sport science and sport medicine (SSSM) practitioner as approved by Triathlon Canada’s team physician;
- 1.2 Access to or an up-to-date Triathlon Canada approved training/monitoring log; and.

Criteria 2: Athlete Daily Monitoring and History

To be considered competition ready, an athlete must provide or demonstrate the following:

- 2.1 80% completion of Triathlon Canada approved daily monitoring tools;
- 2.2 Not miss three (3) consecutive days of daily monitoring;
- 2.3 Full compliance with Triathlon Canada's Competition Readiness Policy in previous event entry requests;
- 2.4 Adoption and adjustment of training/competition principles in line with best practices for reducing injury as advised by the Triathlon Canada approved SSSM practitioners;
- 2.5 Adherence to return to play protocols during previous injuries as defined and outlined by Triathlon Canada approved SSSM practitioners and as directed by Team Canada's team physician; and
- 2.6 Consistent, clear, and timely communication of athlete training logs and health status as requested by Triathlon Canada.

Criteria 3: Competition Level

To be considered competition ready, an athlete must provide or demonstrate the following:

- 3.1 A commitment to compete at Triathlon Canada National Championships;
- 3.2 Progression of results at each successive level of competition as defined by Triathlon Canada's Podium Pathway;
- 3.3 A potential to achieve a top ten (10) result in the requested event based on performance metrics (previous performances, GMP run and swim times, quality of field); and
- 3.4 A commitment to compete at events in which Triathlon Canada selected an athlete to compete.