

2019 Triathlon Canada ITU Triathlon Individual Event Selection Policy

A. INTRODUCTION

This document establishes the eligibility and selection criteria used by Triathlon Canada for entry into the following events.

- 2019 ITU Elite Triathlon Individual Events
- 2019 ITU U23 and Junior Triathlon Targeted Events

Utilizing defined priority criteria (Section C), Triathlon Canada has established three tiers of racing.

Tier 1 – World Triathlon Series

Tier 2 – World Cup

Tier 3 – Continental Cup or other ITU Individual Triathlon Events

****NOTE:** Triathlon Canada's **Major Games nomination policies** are independent from this document as selection is NOT determined by Triathlon Canada.

****Note:** Triathlon Canada's **Tokyo Test Event Selection Policy** is independent from this document.

Triathlon Canada (TC) is committed to selecting the highest performing team using clear selection methods, and in accordance with International Triathlon Union (ITU) entry criteria. The primary goal is to achieve podium performances at all tiers and levels of competition.

1. The 2019 World Triathlon Series (WTS), World Cup (WC), and CAMTRI **events calendar is attached in Schedule 1**
2. Selection according to the terms of this Policy will not qualify an athlete for participation in any ITU event if the athlete is not eligible according to the ITU Eligibility Rules applicable to the aforementioned events.
3. The ITU determines the maximum number of quota positions, as per the ITU Qualification Rules, for all the aforementioned events.
4. Neither this policy, nor the ITU require Triathlon Canada to select any or all athletes to the maximum number of allotted quota positions.
5. This policy can be amended at any time by TC if TC is of the opinion, that such an amendment is necessary due to any change in ITU guidelines, or to give effect to the Policy following discovery of a drafting error or oversight, or for any other reason determined to be in the best interests of TC by TC. TC shall not be responsible or liable in any way to any one as a result of any such amendment.
6. The Schedules and Appendices and any other document referred to in this document form part of this Selection Policy.
7. It is the athlete's responsibility to read and understand this Policy (and other supporting

documents and/or policies).

In the first instance, for further clarification relating to this Policy, queries should be directed to the High Performance Director.

If an athlete is still unclear about the Policy (and other supporting documents and/or policies) operation or effect, independent legal advice should be sought.

B. ELIGIBILITY CRITERIA

Only athletes meeting the following according terms will be eligible for selection.

1. ITU Eligibility Criteria

An athlete must:

- a. comply with all current ITU Rules regarding citizenship, national representation and eligibility.
- b. be a Canadian Citizen;
- c. complete the ITU medical Pre Participation Evaluation (PPE) prior to competing in any ITU event.

If there is any doubt regarding eligibility to compete for Canada, athletes must contact the Chief Executive Officer (CEO) of TC for clarification.

2. TC Specific Eligibility Criteria

An athlete must:

- a. Be a Canadian citizen;
- b. Be members in good standing with a Triathlon Provincial Sport Organization;
- c. Be in good standing with Triathlon Canada;
- d. Have a current Triathlon Canada International Competition Card (ICC);
- e. Have submitted all required ratified run/swim times as communicated by Triathlon Canada;
- f. Have completed 80% of daily metrics in Smartabase/Training Peaks;
- g. Be deemed healthy to race as per Triathlon Canada's Competition Readiness policy (see Appendix A); and
- h. Participate fully with Team Canada as per the Triathlon Canada Athlete Agreement
- i. If eligible, participate in the 2018/2019 Triathlon Canada National Championships

C. SELECTION PRIORITIES CRITERIA

Subject to available quotas, the Triathlon Canada will use the following selection priorities criteria for ITU Elite Individual Events and ITU U23/Junior Targeted Events to select eligible athletes in priority order;

PRIORITY	WTS Tier 1	WC Tier 2	All other Tier 3
1. Discretionary Selection **	✓	✓	✓
2. WTS Top 5	✓	✓	✓
3. WTS Top 12	✓	✓	✓
4. WTS Top 20	✓	✓	✓
5. World Cup Top 5	✓	✓	✓
6. World Cup Top 12		✓	✓
7. World Cup Top 20		✓	✓
8. Continental Cup Top 5		✓	✓
9. Continental Cup Top 12			✓
10. Continental Cup Top 20			✓
11. ITU World Ranking			✓

**** Discretionary selection will be based on**, but is not limited to, the following objective and subjective criteria (not in priority order).

- Submitted ratified times as per 2019 Triathlon Canada’s Ratified Times Policy
- 2018/2019 ITU draft legal race results in the sprint, super sprint and standard distances
- Additional Gold Medal Profile data
- Athlete potential, trajectory, health status etc.
- Triathlon Canada’s strategic benefit; specifically, the Mixed Relay ranking/Olympic qualification, Individual Olympic Qualification
- ITU Individual Olympic Ranking in relation to the [ITU/IOC Olympic Qualification System](#)

Upon achieving the required criteria, athletes are then permitted to race in a higher tier. However, once an athlete races in a higher tier, **they must continue to demonstrate an ability to race at that level** (as defined in Section D)

The process to continually demonstrate performance is ongoing.

Specific application of the priority criteria can be found in the following Appendices

- **Schedule 2** – WTS, WC and CC
- **Schedule 3** – U23 and Junior Events

D. CONTINUED DEMONSTRATION OF PERFORMANCE

All achievements of priority criteria in Section C are subject to the following requirements at the higher tier of racing. **Within three (3) months of racing at the higher tier** (from the date of the first race of the higher tier)

- 1) Athletes must achieve an individual Top 20 performance and;
- 2) Earn ITU World Ranking points

Failure to continually demonstrate performance will require an athlete to race at the lower tier again to achieve criteria (unless Triathlon Canada's HPD exercises Priority 1). The process to continually demonstrate performance is ***a rolling three (3) month window***.

For examples of continued demonstration of performance, refer to **Appendix C**

E. SUBSTITUTIONS

As per ITU rules, after the provisional start list for an ITU individual event has been created, the following number of athletes per gender may be replaced via the ITU substitution procedure.

- i) WTS – one (1) athlete per gender
- ii) WC – two (2) athletes per gender
- iii) CC – three (3) athletes per gender

Triathlon Canada may use substitutions to align with the priority selections as per the attached schedules.

This substitution process may be used in the following cases but is not limited to:

1. To ***prioritize an athlete*** with a lower ITU WTS/World Ranking but higher selection priority (as per the attached schedules) on the start list ahead of an athlete with a higher ITU WTS/World Ranking but lower selection priority;
2. To replace a ***placeholder athlete*** (i.e. an athlete who has not submitted an Expression of Interest via Smartabase 45 days before the start) .
3. To ***replace*** an athlete that does not meet Triathlon Canada's Competition Readiness Policy (see Appendix A)

For further clarity on the application of substitutions please refer to **Appendix B**

F. TEAM ANNOUNCEMENT (If applicable)

Triathlon Canada will announce after the ITU Start List is officially confirmed.

G. CONDITIONS AND PROCEDURES OF ENTRY

1. In accordance with ITU rules all athlete entries into events are managed by Triathlon Canada;
2. All athletes may submit **Expressions of Interest (EOI)** for WTS and WC events as soon as they submit their proposed race calendar in Smartabase;
3. Triathlon Canada will send out a call for **Expressions of Interest (EOI)** pertaining to a series of upcoming ITU Events. The call for EOIs is emailed to all Triathlon Canada ICC holders as well as each Triathlon Canada Provincial Sport Organization.
4. Any athlete wishing to compete in an ITU WTS and WC event must submit their EOI via Smartabase no later than **45 days before race start**. Each EOI submitted will receive an automatic confirmation receipt. If an athlete does not receive a response, he/she should contact the Triathlon Canada office directly.

5. The ITU publishes the start list for both the men's and women's races on www.triathlon.org 32 days before the event in question. The athletes are put on the start list by the ITU as per 2018 ITU rules.
6. The ITU allows each country to make substitutions following the publication of the start List as per Section E.

H. CONDITIONS AND PROCEDURES OF WITHDRAWALS

An athlete who receives a position on the start list for an ITU WTS or WC event, or has a high probability of doing so, must notify Triathlon Canada **no later than 35 days** before the start of race should they decide to withdraw from the race, unless an injury and/or unforeseen circumstance arises preventing him/her from honoring his/her commitment to race. Any athlete who fails to withdraw from an event within the stated time frame and who cannot provide sufficient justification for doing so will be penalized according to the following criteria:

Note: Late withdrawals now REDUCE Triathlon Canada's quota spots for subsequent WTS or WC events as per ITU rules. The following penalties align with these new implications.

- **1st Offence:** Athlete is fined \$250. Once the fine is paid in full, the athlete is not eligible for the next two WTS/WC events AND is not eligible for automatic selection for their next WTS entry.
- **2nd Offence:** Athlete is fined \$500. Once the fine is paid in full, the athlete is not eligible for the next two WTS/WC events AND is not eligible for automatic selection for their next WTS entry.
- **3rd Offence:** Athlete is fined \$750. Once the fine is paid in full, the athlete is not eligible for the next two WTS/WC events AND is not eligible for automatic selection for their next WTS entry.

I. MODIFICATION OF POLICY

Triathlon Canada reserves the right, in extenuating circumstances, to modify this policy as it deems necessary in its sole discretion. In the event that this policy is modified, Triathlon Canada will promptly post an announcement on its website announcing the changes.

Extenuating circumstances may include, but are not limited to, ITU rule changes, non-competitiveness at any selection event(s), or inappropriate timing of any selection event(s) as it relates to the overall Triathlon Canada High Performance program.

J. LANGUAGE

Where there is a difference in interpretation between the French and English versions of this document, the English shall prevail.

K. EVENT COSTS

All event costs are the responsibility of the athlete unless communicated by Triathlon Canada. If Triathlon Canada, as the National Sport Organization, is managing an event's logistics and costs, all costs that are the responsibility of the athlete will be communicated upon confirmation of available resources and final expenses.

L. APPEALS

Triathlon Canada is responsible for all Team decisions. As such, an athlete wishing to appeal a decision regarding the Team selection must follow the Triathlon Canada Appeals Policy (see Triathlon Canada website).

Schedule 1

Competition Calendar

- For other continental cup event dates please refer to the [ITU Website](#)
- If there are any discrepancies the [ITU Events Calendar](#) will take precedence.
- **RED TEXT** – Domestic events

Tier 3 – CAMTRI

START	LEVEL	NAME
Friday, May 3, 2019	Continental Championship	2019 Monterrey CAMTRI Triathlon American Championships
Saturday, February 23, 2019	Continental Cup	2019 Santos CAMTRI Triathlon American Cup
Sunday, February 24, 2019	Continental Cup	2019 Habana CAMTRI Triathlon American Cup
Saturday, March 2, 2019	Continental Cup	2019 Clermont CAMTRI Sprint Triathlon American Cup
Saturday, March 9, 2019	Continental Cup	2019 Sarasota-Bradenton CAMTRI Sprint Triathlon American Cup
Saturday, March 16, 2019	Continental Cup	2019 Brasilia CAMTRI Sprint Triathlon American Cup
Saturday, March 23, 2019	Continental Cup	2019 La Paz CAMTRI Triathlon American Cup
Sunday, April 21, 2019	Continental Cup	2019 Bridgetown CAMTRI Sprint Triathlon American Cup
Sunday, April 28, 2019	Continental Cup	2019 Salinas CAMTRI Triathlon American Cup
Sunday, May 19, 2019	Continental Cup	2019 Ixtapa CAMTRI Sprint Triathlon American Cup
Saturday, May 25, 2019	Continental Cup	2019 Santa Marta CAMTRI Triathlon American Cup
Sunday, June 16, 2019	Continental Cup	2019 Galapagos CAMTRI Sprint Triathlon American Cup
Friday, June 28, 2019	Continental Cup	2019 Montreal CAMTRI Sprint Triathlon American Cup
Saturday, July 6, 2019	Continental Cup	2019 Kelowna CAMTRI Sprint Triathlon American Cup
Saturday, July 13, 2019	Continental Cup	2019 Magog CAMTRI Sprint Triathlon American Cup
Sunday, October 27, 2019	Continental Cup	2019 Puerto Lopez CAMTRI Sprint Triathlon American Cup
Saturday, November 16, 2019	Continental Cup	2019 Santiago CAMTRI Sprint Triathlon American Cup
Saturday, November 23, 2019	Continental Cup	2019 Buenos Aires CAMTRI Triathlon American Cup
Saturday, March 30, 2019	Continental Cup / Regional Championships	2019 Montevideo CAMTRI Sprint Triathlon American Cup and South American Championships
Saturday, March 9, 2019	Junior Continental Cup	2019 Sarasota-Bradenton CAMTRI Triathlon Junior American Cup
Saturday, July 6, 2019	National Championships	2019 National Triathlon Championships - Kelowna Apple
Friday, March 1, 2019	Regional Championships	2019 Playa Hermosa CAMTRI Triathlon Central American and Caribbean Championships

Tier 2 – World Cup

Saturday, February 9, 2019	World Cup	2019 Cape Town ITU Triathlon World Cup
Saturday, March 16, 2019	World Cup	2019 Mooloolaba ITU Triathlon World Cup
Saturday, March 30, 2019	World Cup	2019 New Plymouth ITU Triathlon World Cup
Saturday, May 4, 2019	World Cup	2019 Madrid ITU Triathlon World Cup
Saturday, May 11, 2019	World Cup	2019 Chengdu ITU Triathlon World Cup
Saturday, May 25, 2019	World Cup	2019 Cagliari ITU Triathlon World Cup
Saturday, June 8, 2019	World Cup	2019 Huatulco ITU Triathlon World Cup
Saturday, June 15, 2019	World Cup	2019 Astana ITU Triathlon World Cup
Saturday, June 22, 2019	World Cup	2019 Antwerp ITU Triathlon World Cup

Saturday, July 13, 2019	World Cup	2019 Tiszaujvaros ITU Triathlon World Cup
Saturday, August 24, 2019	World Cup	2019 Karlovy Vary ITU Triathlon World Cup
Saturday, September 7, 2019	World Cup	2019 Banyoles ITU Triathlon World Cup
Saturday, September 21, 2019	World Cup	2019 Weihai ITU Triathlon World Cup
Saturday, October 19, 2019	World Cup	2019 Tongyeong ITU Triathlon World Cup
Saturday, October 26, 2019	World Cup	2019 Miyazaki ITU Triathlon World Cup
Saturday, November 2, 2019	World Cup	2019 Salinas ITU Triathlon World Cup
Saturday, November 9, 2019	World Cup	2019 Santo Domingo ITU Triathlon World Cup

Tier 1 – WTS and Mixed Relay Series

Friday, March 8, 2019	World Triathlon Series	2019 ITU World Triathlon Abu Dhabi
Saturday, March 9, 2019	World Triathlon Series	2019 ITU World Triathlon Mixed Relay Series Abu Dhabi
Saturday, April 27, 2019	World Triathlon Series	2019 MS Amlin World Triathlon Bermuda
Saturday, May 18, 2019	World Triathlon Series	2019 ITU World Triathlon Yokohama
Saturday, June 8, 2019	World Triathlon Series	2019 AJ Bell World Triathlon Leeds
Saturday, June 15, 2019	World Triathlon Series	2019 ITU World Triathlon Mixed Relay Series Nottingham
Friday, June 28, 2019	World Triathlon Series	2019 ITU World Triathlon Montreal
Saturday, July 6, 2019	World Triathlon Series	2019 Hamburg Wasser World Triathlon
Saturday, July 20, 2019	World Triathlon Series	2019 ITU World Triathlon Edmonton
Saturday, July 20, 2019	World Triathlon Series	2019 ITU World Triathlon Mixed Relay Series Edmonton

Other Important Events

Friday, July 26, 2019	Major Games	2019 Lima Pan American Games
Thursday, August 15, 2019	Recognised Event	2019 Tokyo ITU World Olympic Qualification Event TEST EVENT
Saturday, April 27, 2019	World Championships	ITU Multisport World Championships Festival
Sunday, July 7, 2019	World Championships	2019 Hamburg ITU Triathlon Mixed Relay World Championships
Thursday, August 29, 2019	World Championships	2019 ITU World Triathlon Grand Final Lausanne

Schedule 2

Application of Criteria for WTS, World Cup and Continental Cup Events

A. APPLICATION OF CRITERIA

****Triathlon Canada is not obligated to fill all available quota spots.**

Subject to quota spots, eligible athletes are selected in priority order as per the following criteria:

- **Note:** All athletes selected for quota spots will be placed on the ITU wait list by Triathlon Canada. Final start list is governed by ITU rules (including substitutions, see Section E of the main document)
- **Note:** Triathlon Canada will not place over quota athletes onto the waitlist till AFTER the start list has been generated by ITU (*pending confirmation with ITU)
- **Note:** In the event that there are more athletes than available quota spots, the athlete (s) with the better ITU World Ranking will be placed on the ITU waitlist
- **Note:** Criteria are based on 2018/2019 INDIVIDUAL performances and must be achieved within **12 months of an event's start date.**
- **Note:** For the following priorities, ranking of athletes will be as follows for placement onto the ITU Waitlist (not including the possible use of substitutions)
 - i) Priority criteria (as per Section C of the main document)
 - ii) ITU World Ranking
 - iii) Best placing within each criteria (ie 1st > 3rd)
 - iv) If two or more athletes achieve the same criteria, athletes will be prioritized as follows;
 - a) Head to head racing results within the past 12 months
 - b) % of winner in the most recent ITU event of the same Tier
 - c) Submitted ratified 1500m run time in the past 12 months
- **Note:** Continental Cup performances will only be accepted in events that have more than 16 athletes per gender STARTING the race AND the athlete earned ITU World Ranking points in said race.

2019 WTS Events and World Triathlon Grand Final – Tier 1

Subject to quota spots, eligible athletes are selected in priority order having met one of **Priority Criteria 1-5** in Section C of the main document.

***Note: Only 2019 results will be considered for 2019 ITU World Triathlon Grand Final Lausanne**

2019 World Cup Events – Tier 2

Subject to quota spots, eligible athletes are selected in priority order having met one of **Priority Criteria 1-8** in Section C of the main document.

2019 Continental Cup Events – Tier 3

Subject to quota spots, eligible athletes are placed on the wait list as per their **ITU World Ranking** at the time of their EOI.

Schedule 3

Application of Criteria for U23 and Junior Targeted Events

A. APPLICATION CRITERIA

****Triathlon Canada is not obligated to fill all available quota spots.**

Subject to quota spots, eligible athletes are selected in priority order as per the following criteria:

- **Note:** All athletes selected for quota spots will be placed on the ITU wait list by Triathlon Canada. Final start list is governed by ITU rules (including substitutions, see Section E of the main document)
- **Note:** Triathlon Canada will not place over quota athletes onto the waitlist till AFTER the start list has been generated by ITU (*pending confirmation with ITU)
- **Note:** In the event that there are more athletes than available quota spots, the athlete (s) with the better ITU World Ranking will be placed on the ITU waitlist
- **Note:** Criteria are based on 2018/2019 INDIVIDUAL performances and must be achieved within **12 months of an event's start date.**
- **Note:** For the following priorities, ranking of athletes will be as follows for placement onto the ITU Waitlist (not including the possible use of substitutions)
 - v) Priority criteria (as per Section C of the main document)
 - vi) ITU World Ranking
 - vii) Best placing within each criteria (ie 1st > 3rd)
 - viii) If two or more athletes achieve the same criteria, athletes will be prioritized as follows;
 - d) Head to head racing results within the past 12 months
 - e) % of winner in the most recent ITU event of the same Tier
 - f) Submitted ratified 1500m run time in the past 12 months
- **Note:** Continental Cup performances will only be accepted in events that have more than 16 athletes per gender STARTING the race AND the athlete earned ITU World Ranking points in said race.

2019 ITU World Triathlon Grand Final Lausanne U23

Subject to quota spots, eligible athletes are selected in priority order having met one of **Priority Criteria 1-7** in Section C of the main document.

***Note: Only 2019 results will be considered for 2019 ITU World Triathlon Grand Final Lausanne U23**

2019 ITU World Triathlon Grand Final Lausanne Junior

Subject to quota spots, eligible athletes are selected in priority order as per the following criteria;

1. Up to two (2) athletes per gender that place in the top five (5) at the 2019 Monterrey CAMTRI American Championships
2. Up to three (3) athletes having met one of **Priority Criteria 1-9** in Section C of the main document.

***Note: Only 2019 results will be considered for 2019 ITU World Triathlon Grand Final Lausanne Junior**

2019 Monterrey CAMTRI American Junior Championships

Subject to quota spots, eligible athletes are selected in priority order as per the following criteria;

1. Up to three (3) athlete per gender that placed in the top eight (8) at the 2018 ITU World Triathlon Grand Final Gold Coast Junior
2. Up to three (3) athletes having met one of **Priority Criteria 1-10** in Section C of the main document.
3. ITU World Ranking

2019 Monterrey CAMTRI American Elite/U23 Championships

Subject to quota spots, eligible athletes are selected in priority order as per the following criteria;

1. Up to three (3) athletes having met one of **Priority Criteria 1-8** in Section C of the main document.
2. ITU World Ranking

APPENDIX A

COMPETITION READINESS POLICY

INTRODUCTION

The purpose of this document is to outline the eligibility procedures (the “competition readiness” determinant) that will be used by Triathlon Canada to select athletes who wish to be entered in any international competition.

The objective of the Triathlon Canada Competition Readiness Policy (TCCRP) is to identify and support Canadian athletes who have demonstrated the ability to consistently manage and monitor their health status, adopt a safe and effective training program, communicate clearly and honestly their current health status to Triathlon Canada, and target the appropriate levels of competition; all with the intent of continued progression towards achieving a podium result at the Olympic/Paralympic Games and World Championships. Triathlon Canada will evaluate each athlete’s entry request on a case by case basis.

POLICY DETAILS

As per International Triathlon Union (ITU) rules and regulations, Triathlon Canada is solely responsible for validating and submitting entry of Canadian athletes into international competition.

Demonstrated competition readiness is only one of many eligibility requirements outlined in Triathlon Canada’s individual event selection criteria documents. Valid and up to date athlete/coaching training logs, Triathlon Canada athlete monitoring programs, validated medical diagnosis/prognosis (through Triathlon Canada’s team physician), and athlete performance analysis will be used to evaluate and determine the competition readiness of an athlete. Triathlon Canada High Performance Director will have sole discretion to allow or deny entry into an event.

TRIATHLON CANADA’S AUTHORITY FOR DECISIONS

All matters relating to the nomination of athletes for international competition are the sole authority of Triathlon Canada. Competition readiness will be determined based on an athlete meeting all of the following criteria

Criteria 1: Current Athlete Health Status

To be considered competition ready by Triathlon Canada, an athlete must provide or demonstrate the following to Triathlon Canada:

- 1.1 A medical report clearing the athlete for competition from Triathlon Canada’s team physician or from a sport science and sport medicine (SSSM) practitioner as approved by Triathlon Canada’s team physician;
- 1.2 Access to or an up-to-date Triathlon Canada approved training/monitoring log;

Criteria 2: Athlete Daily Monitoring and History

To be considered competition ready, an athlete must provide or demonstrate the following:

- 2.1 80% completion of Triathlon Canada approved daily monitoring tools;
- 2.2 Not miss three (3) consecutive days of daily monitoring;
- 2.3 Full compliance with Triathlon Canada's Competition Readiness Policy in previous event entry requests;
- 2.4 Adoption and adjustment of training/competition principles in line with best practices for reducing injury as advised by the Triathlon Canada approved SSSM practitioners;
- 2.5 Adherence to return to play protocols during previous injuries as defined and outlined by Triathlon Canada approved SSSM practitioners and as directed by Team Canada's team physician; and
- 2.6 Consistent, clear, and timely communication of athlete training logs and health status as requested by Triathlon Canada.

Criteria 3: Competition Level

To be considered competition ready, an athlete must provide or demonstrate the following:

- 3.1 A commitment to compete at Triathlon Canada National Championships;
- 3.2 Progression of results at each successive level of competition as defined by Triathlon Canada's Podium Pathway;
- 3.3 A potential to achieve a top ten (10) result in the requested event based on performance metrics (previous performances, GMP run and swim times, quality of field); and
- 3.4 A commitment to compete at events in which Triathlon Canada selected an athlete to compete.

Appendix B

Use of Substitutions Clarification

Triathlon Canada is constantly monitoring and evaluating ITU event entry scenarios, taking into consideration Triathlon Canada HP strategy, athlete goals, athlete rankings and overall qualification success. Currently, the data is showing an unusually large number of World Cup and European Continental Cup entries. This is presenting significant race planning challenges as entries are very limited due to quotas, as well as quality and depth of field.

One of the major logistical challenges we, along with all Triathlon National Federations, are facing is the use of substitutions. Triathlon Canada is committed to ensuring that substitutions are used in the most strategic manner possible. Triathlon Canada is also actively balancing the need to support athletes' decisions as they relate to two critical goals:

1. Qualifying quota spots
2. Maximizing ITU World Ranking Points to get on start lists

Both are required to open doors to get our athletes into races offering critical ITU Olympic Ranking Points.

The realities we are facing.

- In the Olympic Qualifying period, waitlists for World Triathlon, World Cup and Continental Cup events are very competitive and many athletes will not get on the start list. A high ITU World Ranking is essential to get on start lists
 - (i.e. recent World Cup minimum start list rankings: approximately 150 for men and 200 for women).
- As a National Federation, we have limited substitutions: 3 for Continental Cups, 2 for World Cups and 1 for World Triathlon Series;
- Some Canadian athletes are ranked too low to make World Cup and World Triathlon Series start lists;
- Ensuring starts for athletes that have met Triathlon Canada priority selections may conflict with the ITU start list generation (ITU World Ranking based);
- Athletes that are strategically targeting podium finishes at the appropriate levels of racing will increase their ITU World Ranking more effectively

To clarify Triathlon Canada's use of substitutions, please be fully aware of the following;

- Substitution is subject to ITU rules and the availability of substitutable athletes (place holders)
- Triathlon Canada will utilize substitutions in the best interest of the national federation's strategic priority - to maximize Olympic qualification.
- The use of substitutions is event specific
- Triathlon Canada is not obligated to utilize substitutions
- Meeting priority selections, as published by Triathlon Canada, will increase the chance of an athlete being substituted but is NOT a guarantee

- Performance is the number one reason for utilizing substitution for an athlete. Demonstration of performance is necessary.
- If an athlete has met priority but does not continue to improve, they may be overlooked for substitution
- Demonstration of performance will be determined by, but not exclusive to, an athlete's most current ITU results, consistency of performances and additional subjective criteria.
- Priority 1 (discretion) is the highest priority and can be utilized for any event at the discretion of the High Performance Director
- The use of substitution for athletes that have met the SAME priority criteria will be at the full discretion of Triathlon Canada's High Performance Director

If substitutions are available, Triathlon Canada will prioritize the use of the substitution(s) as follows;

- 1) Evidence, as determined by the High Performance Director, of an improving performance trajectory and indication of achieving significant ITU World Ranking/Olympic Ranking points in the event (Priority 1, discretionary selection may be used if the race is over quota)
- 2) Meeting a priority selection AND continuing to demonstrate a performance trajectory
- 3) ITU World Ranking

What does this mean?

- 1) An athlete with a high ITU World Ranking that has not met an event priority selection may be substituted OUT for a higher prioritized athlete
- 2) An athlete meeting priority selection but NOT having a high enough ITU World Ranking may NOT get on the start list
- 3) An athlete meeting priority selection but NOT having a high enough ITU World Ranking may be substituted into a race OVER another athlete with the same priority but higher ITU World Ranking (based on evidence of continued improvement)
- 4) Increasing your chances of getting on a start list is dependent on the following.
 - Increase your ITU World Ranking (ITU start list based approach), then
 - Increase your ITU Olympic Ranking (proof of eligibility approach), then
 - Meet the highest selection priorities (proof of performance approach)

To ensure that Triathlon Canada can effectively manage AND utilize substitutions for prioritized athletes. **All athletes must submit their Expressions of Interest (EOI's) for intended events BEFORE THE 45 DAY DEADLINE.** Additionally, athletes must withdraw their intent to race in a timely fashion. By doing so Triathlon Canada can strategically implement "*substitution placeholders*". Triathlon Canada CANNOT manage substitutions effectively if the community of athletes and coaches do not work together.

If an athlete does not submit an EOI by the 45 day deadline for events on the same day, Triathlon Canada will deem them available to be used as a "placeholder". Triathlon Canada will utilize an athlete as a 'placeholder' immediately, if need be.

NOTE: As per the previous email, athletes should begin to submit EOI's for multiple events. In the event that an athlete does not make a start list Triathlon Canada will respect that the athlete may submit an EOI for another event after the 45 day deadline. This will be considered case-by-case

As a community, we must work together to ensure that we can assist each other to qualify the most Olympic spots.

EN FRANCAIS

Dans cette communication, vous retrouverez les points clés suivants :

Les athlètes doivent se concentrer à améliorer leur classement mondial ITU

Les athlètes et les entraîneurs doivent planifier leurs calendriers de course pour s'assurer qu'ils peuvent :

1. Obtenir une liste de départ sans substitution

2. Récolter des points pour le classement mondial ITU

3. Récolter des points pour le classement olympique de l'ITU

Tous les athlètes doivent soumettre leurs déclarations d'intérêt (DI) pour les événements prévus AVANT LA DATE LIMITE DE 45 JOURS.

Les athlètes doivent retirer leur intention de participer à une compétition en temps opportun

Triathlon Canada surveille et évalue constamment les scénarios d'inscription aux compétitions de l'ITU, en tenant compte de la stratégie de haute performance de Triathlon Canada, des objectifs de l'athlète, du classement des athlètes et de la réussite globale de qualification. Actuellement, les données montrent un nombre anormalement élevé d'inscriptions en Coupe du monde et Coupe continentale européenne. Cela présente d'importants défis en matière de planification de compétition puisque les places de participation sont très limitées en raison des quotas, ainsi qu'en terme de la qualité et de la profondeur de la concurrence.

L'un des principaux défis logistiques auxquels nous sommes confrontés, comme toutes les fédérations nationales de triathlon, est l'utilisation de substitutions. Triathlon Canada s'engage à faire en sorte que les substitutions soient utilisées de la manière la plus stratégique possible. Triathlon Canada est également en train de peser le besoin d'appuyer les décisions des athlètes en lien avec deux objectifs essentiels:

1. La qualification de places de quota
2. Maximiser les points de classement mondial ITU pour figurer sur les listes de départ

Les **deux** sont nécessaires pour permettre à nos athlètes de participer à des courses offrant des points de classement olympique de l'ITU.

Voici les réalités auxquelles nous sommes confrontés.

- Durant la période de qualification olympique, les listes d'attente pour les épreuves de triathlon mondial et de Coupe du monde sont très compétitives et de nombreux athlètes ne **figureront pas sur la liste de départ**. Un classement mondial ITU élevé est essentiel pour accéder aux listes de départ
 - (c.-à-d. : les classements minimaux récents en Coupe du monde: environ 150 pour les hommes et 200 pour les femmes).
- En tant que fédération nationale, nous sommes limités en terme de substitutions: 3 pour les Continental Cup 2 pour les coupes du monde et 1 pour le triathlon mondial;

- Certains athlètes canadiens n’ont pas un classement assez élevé pour figurer sur les listes de départ de la Coupe du monde et de la Série de triathlon mondial;
- Garder à l'esprit que les départs pour les athlètes qui ont satisfait aux sélections prioritaires de Triathlon Canada peuvent entrer en conflit avec la façon dont la liste de départ de l'ITU est générée (basée sur le classement mondial ITU);
- Les athlètes qui ciblent stratégiquement les podiums aux niveaux de compétition appropriés augmenteront plus efficacement leur classement mondial de l'ITU.

Afin de préciser l'utilisation des substitutions par Triathlon Canada, veuillez considérer ce qui suit:

- La substitution est soumise aux règles de l'ITU et à la disponibilité des athlètes pouvant être substitués (pour garder la place)
- Triathlon Canada utilisera les substitutions dans le meilleur intérêt de la priorité stratégique de la fédération nationale, c’est à dire pour maximiser la qualification olympique.
- L'utilisation de substitutions est spécifique à une épreuve
- Triathlon Canada n'est pas obligé d'utiliser des substitutions
- Satisfaire aux priorités de sélection, telles que publiées par Triathlon Canada, augmentera les chances de remplacement d'un athlète à être substitué mais ne constitue pas une garantie
- La performance est la principale raison d'utiliser la substitution pour un athlète. La démonstration de la performance est requise.
- Si un athlète a satisfait à la priorité mais ne continue pas à s'améliorer, il peut être négligé pour la substitution
- La démonstration de la performance sera déterminée par, sans être exclusive, les résultats les plus récents d'un athlète aux épreuves de l'ITU, la constance des performances et des critères subjectifs supplémentaires.
- La priorité 1 (discrétion) est la plus haute priorité et peut être utilisée pour n'importe quel épreuve à la discrétion du directeur de la haute performance
- Le recours à la substitution pour les athlètes qui répondent aux mêmes critères prioritaires sera à l'entière discrétion du directeur de la haute performance de Triathlon Canada.

Si des substitutions sont disponibles, Triathlon Canada priorisera l'utilisation des substitutions comme suit :

1. Preuve, selon le directeur de la haute performance, d'une trajectoire de performance en progression et indication d’obtenir des points significatifs au classement mondial / olympique de l'ITU lors de l'épreuve (la priorité 1, la sélection discrétionnaire, peut être utilisée si la course est hors quota);
2. Répondre à une priorité de sélection ET continuer à démontrer une trajectoire de performance

Qu’est-ce que tout cela signifie?

1. Un athlète avec un classement mondial ITU élevé qui n'a pas satisfait à une priorité de sélection d'épreuve peut être remplacé par un athlète ayant une priorité plus élevée.
2. Un athlète qui satisfait à la priorité de sélection mais qui n’a pas un classement mondial ITU suffisamment élevé ne pourra pas figurer sur la liste de départ.
3. Un athlète répondant à une sélection prioritaire mais n'ayant PAS un classement mondial ITU assez élevé peut être substitué à une course devant un autre athlète ayant la même priorité mais un meilleur classement mondial ITU (basé sur des preuves d'amélioration continue)

4. L'amélioration des possibilités de figurer sur une liste de départ dépend de ce qui suit.
 - Amélioration de votre classement mondial ITU (démarche selon la liste de départ de l'ITU), puis
 - Amélioration de votre classement olympique ITU (démarche selon la preuve d'admissibilité), puis
 - Satisfaire aux priorités de sélection les plus élevées (démarche selon la preuve de performance)
 -

Pour s'assurer que Triathlon Canada puisse gérer ET utiliser efficacement les substitutions pour les athlètes prioritaires, **tous les athlètes doivent soumettre leurs déclarations d'intérêt (EOI) pour les événements prévus AVANT LA DATE LIMITE DE 45 JOURS.** De plus, les athlètes doivent retirer leur intention de participer à une compétition en temps opportun. Ce faisant, Triathlon Canada peut implanter stratégiquement de garder des «*places pour les substitués*». Triathlon Canada NE PEUT PAS gérer efficacement les substitutions si la communauté d'athlètes et d'entraîneurs ne travaille pas ensemble.

Si un athlète ne soumet pas une déclaration d'intérêt avant la date limite de 45 jours pour des épreuves du même jour, Triathlon Canada les considérera disponibles pour être utilisés comme «garde-place». Au besoin, Triathlon Canada utilisera immédiatement un athlète comme «garde-place».

REMARQUE: Conformément au courriel précédent, les athlètes devraient commencer à soumettre des déclarations d'intérêt pour plusieurs événements. Dans le cas où un athlète ne fait pas une liste de départ, Triathlon Canada respectera le fait que l'athlète puisse soumettre une déclaration d'intérêt après la date limite de 45 jours. Cela sera considéré au cas par cas

En tant que communauté, nous devons travailler ensemble pour nous assurer que nous pouvons nous aider les uns les autres à confirmer le plus grand nombre de places possibles pour les Jeux olympiques.

Appendix C

Examples of Continued Demonstration of Performance

Example 1:

- 1) Athlete achieves one (1) Continental Cup podium (Priority 8) earning ability to race in Tier 2 (World Cups)
- 2) Athlete makes start list in World Cup Cape Town Feb 3
- 3) Athlete places 18th at World Cup Cape Town
- 4) Athlete is secured to continually race in Tier 2 for another 3 months

Example 2:

- 1) Athlete achieves one (1) Continental Cup podium (Priority 8) earning ability to race in Tier 2 (World Cups)
- 2) Athlete makes start list in World Cup Cape Town Feb 3
- 3) Athlete places 26th at World Cup Cape Town
- 4) Athlete must place in top 20 and earn ITU World Ranking points in next Tier 2 event (within 2 months)
- 5) Athlete makes start list in World Cup Antwerp March 21
- 6) Athlete places 17th at World Cup Antwerp
- 7) Athlete is secured to continually race in Tier 2 for another 3 months

Example 3:

- 1) Athlete achieves one (1) Continental Cup podium (Priority 8) earning ability to race in Tier 2 (World Cups)
- 2) Athlete makes start list in World Cup Cape Town Feb 3
- 3) Athlete places 26th at World Cup Cape Town
- 4) Athlete must place in top 20 and earn ITU World Ranking points in next Tier 2 event (within 2 months)
- 5) Athlete makes start list in World Cup Antwerp March 21
- 6) Athlete places 29th at World Cup Antwerp
- 7) Athlete places 25th at World Cup Austin June 15
- 8) Athlete must race Tier 3 races to achieve Priority Criteria 1-8 to race Tier 2 again.