



2018 Triathlon Canada Under 23 World Championships Team Selection Policy

A. INTRODUCTION

This document establishes the Eligibility and Selection criteria for entry into the 2018 International Triathlon Union (ITU) U23 World Triathlon Championships.

Please be aware that the ITU limits entry to the U23 World Championships in accordance with the ITU Entry Criteria.

The primary goal of this Triathlon Canada Selection Policy is to achieve podium level performances at the 2018 ITU U23 World Championships.

B. ELIGIBILITY CRITERIA

- a. Be a Canadian citizen;
- b. Be members in good standing with a Triathlon Provincial Sport Organization;
- c. Be in good standing with Triathlon Canada;
- d. Have a current Triathlon Canada International Competition Card;
- e. Have submitted all required ratified run/swim times as communicated by Triathlon Canada;
- f. Have completed 80% of daily metrics in Smartabase/Training Peaks;
- g. Be deemed healthy to race as per Triathlon Canada's Competition Readiness policy (see Appendix A);
- h. Participate in the 2018 Triathlon Canada National Championships
- i. Participate fully with Team Canada as per the Triathlon Canada Athlete Agreement

C. SELECTION CRITERIA

Subject to the 2018 ITU U23 World Championship qualification rules and allotted entry spots, Triathlon Canada will select athletes based on the following priority selections.

- **Note:** All selected athletes will be placed on the ITU wait list by Triathlon Canada. Final start list is governed by ITU rules (including substitutions, see Section D)
 - **Note:** Triathlon Canada will not place over quota athletes onto the waitlist till AFTER the start list has been generated by ITU (*pending confirmation with ITU)
 - **Note:** In the event that there are more athletes than available quota spots, the athlete (s) with the better ITU World Ranking will be placed on the ITU waitlist
 - **Note:** The High Performance Director is responsible for the implementation of this policy and all team selections and alternates must be ratified by the Board of Directors of Triathlon Canada
1. At the discretion of the High Performance Director, up to one (1) athlete per gender may be placed on the ITU waitlist. The High Performance Director is not obligated to execute this selection.

Discretionary selection will be based on, but is not limited to, the following objective and subjective criteria (not in priority order).

- Submitted ratified times as per 2018 Triathlon Canada's Ratified Times Policy
 - 2017/2018 ITU draft legal race results in the sprint, super sprint and standard distances
 - Additional Gold Medal Profile data
 - Athlete potential
 - ITU World Ranking
2. Athletes who have achieved one (1) top 16 performance in 2018 ITU World Triathlon Series event will be placed on the ITU waitlist.
 3. Athletes who have achieved one (1) top 8 performance in 2018 ITU World Cup events will be placed on the ITU waitlist.
 4. Athletes who have been named to AND competed in a 2018 ITU Mixed Relay Series event will be placed on the ITU waitlist.
5. Any remaining team selections will be made at the discretion of the High Performance Director, to fill the ITU quota spots and will be placed on the ITU waitlist. The High Performance Director is not obligated to fill all quota spots.

Discretionary selection will be based on, but is not limited to, the following objective and subjective criteria (not in priority order).

- Submitted ratified times as per 2018 Triathlon Canada's Ratified Times Policy
- 2017/2018 ITU draft legal race results in the sprint, super sprint and standard distances
- Additional Gold Medal Profile data
- Athlete potential based on current and historical data
- ITU World Ranking

D. U23/JUNIOR MIXED RELAY SELECTION

As per ITU rules, the U23/Junior Mixed Relay team will be selected at the full discretion of the High Performance Director prior to the event start. Final roster will be at the full discretion of Triathlon Canada's High Performance Director or his delegate at the 2018 ITU U23 World Triathlon Championship. Triathlon Canada is not obligated to field a Mixed U23/Junior Relay team and may not execute this selection.

Discretionary selection will be based on, but is not limited to, the following objective and subjective criteria (not in priority order).

- 2017/2018 individual results (placing and GMP) in WTS and World Cup sprint distance events.
- 2017/2018 team results (placing and GMP) in ITU Mixed Team Relay events
- 2017/2018 individual leg results (placing and GMP) in ITU Mixed Team Relay events.
- 2017/2018 individual heat results (placing and GMP) in ITU World Cup and Continental Cup events hosting a heats/finals format
- Submitted ratified times as per 2018 Triathlon Canada's Ratified Times Policy

- Commitment to Triathlon Canada relay rosters as an alternate.
- Team dynamics, team compliance, race experience and other subjective criteria.

E. TEAM ANNOUNCEMENT

Triathlon Canada will announce the team on August 1, 2018

F. SUBSTITUTIONS

As per ITU rules, after the provisional start list for a WTS event has been created, one athlete per gender may be replaced via the ITU substitution procedure.

Triathlon Canada may use substitutions to align with the priority selections as per Section C.

This substitution process may be used in the following cases but is not limited to:

1. To **prioritize an athlete** with a lower ITU WTS/World Ranking but higher selection priority (as per Section C) on the start list ahead of an athlete with a higher ITU WTS/World Ranking but lower selection priority;
2. To replace a **placeholder athlete** (i.e. an athlete who has not submitted an Expression of Interest via Smartabase 45 days before the start) .
3. To **replace** an athlete that does not meet Triathlon Canada's Competition Readiness Policy (see Appendix A)

G. CONDITIONS AND PROCEDURES OF ENTRY

1. In accordance with ITU rules all athlete entries into events are managed by Triathlon Canada;
2. All athletes may submit **Expressions of Interest (EOI)** for WTS and WC events as soon as they submit their proposed race calendar in Smartabase;
3. Triathlon Canada will send out a call for **Expressions of Interest (EOI)** pertaining to a series of upcoming ITU Events. The call for EOIs is emailed to all 2018 Triathlon Canada ICC holders as well as each Triathlon Canada Provincial Sport Organization.
4. Any athlete wishing to compete in an ITU WTS and WC event must submit their EOI via Smartabase no later than **45 days before race start**. Each EOI submitted will receive an automatic confirmation receipt. If an athlete does not receive a response, he/she should contact the Triathlon Canada office directly.
5. The ITU publishes the start list for both the men's and women's races on www.triathlon.org 32 days before the event in question. The athletes are put on the start list by the ITU as per 2018 ITU rules.
6. The ITU allows each country to make substitutions following the publication of the Start List as per Section D.

H. CONDITIONS AND PROCEDURES OF WITHDRAWALS

An athlete who receives a position on the start list for an ITU WTS or WC event, or has a high probability of doing so, must notify Triathlon Canada **no later than 35 days** before start should they decide to withdraw from the race, unless an injury and/or unforeseen circumstance arises preventing him/her

from honoring his/her commitment to race. Any athlete who fails to withdraw from an event within the stated time frame and who cannot provide sufficient justification for doing so will be penalized according to the following criteria:

Note: Late withdrawals now REDUCE Triathlon Canada's quota spots for subsequent WTS or WC events as per ITU rules. The following penalties align with these new implications.

- **1st Offence:** Athlete is fined \$250. Once the fine is paid in full, the athlete is not eligible for the next two WTS events AND is not eligible for automatic selection for their next WTS entry.
- **2nd Offence:** Athlete is fined \$500. Once the fine is paid in full, the athlete is not eligible for the next two WTS events AND is not eligible for automatic selection for their next WTS entry.
- **3rd Offence:** Athlete is fined \$750. Once the fine is paid in full, the athlete is not eligible for the next two WTS events AND is not eligible for automatic selection for their next WTS entry.

I. MODIFICATION OF POLICY

Triathlon Canada reserves the right, in extenuating circumstances, to modify this policy as it deems necessary in its sole discretion. In the event that this policy is modified, Triathlon Canada will promptly post an announcement on its website announcing the changes.

Extenuating circumstances may include, but are not limited to, ITU rule changes, non-competitiveness at any selection event(s), or inappropriate timing of any selection event(s) as it relates to the overall Triathlon Canada High Performance program.

J. LANGUAGE

Where there is a difference in interpretation between the French and English versions of this document, the English shall prevail.

K. APPEALS

Triathlon Canada is responsible for all Team decisions. As such, an athlete wishing to appeal a decision regarding the Team selection must follow the Triathlon Canada Appeals Policy (see Triathlon Canada website).

APPENDIX A COMPETITION READINESS POLICY

INTRODUCTION

The purpose of this document is to outline the eligibility procedures (the “competition readiness” determinant) that will be used by Triathlon Canada to select athletes who wish to be entered in any international competition.

The objective of the Triathlon Canada Competition Readiness Policy (TCCRP) is to identify and support Canadian athletes who have demonstrated the ability to consistently manage and monitor their health status, adopt a safe and effective training program, communicate clearly and honestly their current health status to Triathlon Canada, and target the appropriate levels of competition; all with the intent of continued progression towards achieving a podium result at the Olympic/Paralympic Games and World Championships. Triathlon Canada will evaluate each athlete entry request on a case by case basis.

POLICY DETAILS

As per International Triathlon Union (ITU) rules and regulations, Triathlon Canada is solely responsible for validating and submitting entry of Canadian athletes into international competition.

Demonstrated competition readiness is only one of many eligibility requirements outlined in Triathlon Canada’s individual event selection criteria documents. Valid and up to date athlete/coaching training logs, Triathlon Canada athlete monitoring programs, validated medical diagnosis/prognosis (through Triathlon Canada’s team physician), and athlete performance analysis will be used to evaluate and determine the competition readiness of an athlete. Triathlon Canada High Performance Director will have sole discretion to allow or deny entry into an event.

TRIATHLON CANADA’S AUTHORITY FOR DECISIONS

All matters relating to the nomination of athletes for international competition are the sole authority of Triathlon Canada. Competition readiness will be determined based on an athlete meeting all of the following criteria

Criteria 1: Current Athlete Health Status

To be considered competition ready by Triathlon Canada, an athlete must provide or demonstrate the following to Triathlon Canada:

- 1.1 A medical report clearing the athlete for competition from Triathlon Canada’s team physician or from a sport science and sport medicine (SSSM) practitioner as approved by Triathlon Canada’s team physician;
- 1.2 Access to or an up-to-date Triathlon Canada approved training/monitoring log; and.

Criteria 2: Athlete Daily Monitoring and History

To be considered competition ready, an athlete must provide or demonstrate the following:

- 2.1 80% completion of Triathlon Canada approved daily monitoring tools;
- 2.2 Not miss three (3) consecutive days of daily monitoring;
- 2.3 Full compliance with Triathlon Canada's Competition Readiness Policy in previous event entry requests;
- 2.4 Adoption and adjustment of training/competition principles in line with best practices for reducing injury as advised by the Triathlon Canada approved SSSM practitioners;
- 2.5 Adherence to return to play protocols during previous injuries as defined and outlined by Triathlon Canada approved SSSM practitioners and as directed by Team Canada's team physician; and
- 2.6 Consistent, clear, and timely communication of athlete training logs and health status as requested by Triathlon Canada.

Criteria 3: Competition Level

To be considered competition ready, an athlete must provide or demonstrate the following:

- 3.1 A commitment to compete at Triathlon Canada National Championships;
- 3.2 Progression of results at each successive level of competition as defined by Triathlon Canada's Podium Pathway;
- 3.3 A potential to achieve a top ten (10) result in the requested event based on performance metrics (previous performances, GMP run and swim times, quality of field); and
- 3.4 A commitment to compete at events in which Triathlon Canada selected an athlete to compete.