2027 TRIATHLON CANADA

TRIATHLON AAP NOMINATION CRITERIA

For nominations for the 2027 Athlete Assistance Program carding cycle
(Financially supported by Sport Canada)

Corrections – November 9, 2026

Corrections – November 9th, 2026
The following clerical errors have been corrected in the 2027 Triathlon AAP Nomination Criteria:

Section 4: Senior National Carding Criteria: Senior Priority #3 has been corrected from "2025 World Triathlon Championship Series or World Triathlon Championship Finals Events" to "2026 World Triathlon Championship Series or World Triathlon Championship Finals Events". This is consistent with Section 4.3 and all other Senior priorities, which refer to the 2026 season.

Section 5: Development Card Criteria: The date-of-birth eligibility has been corrected from "born on or before December 31st, 2001" to "born on or after December 31st, 2001". This error was identified through feedback from a member of the high performance community. The corrected wording reflects the intent of the section and how it has been applied in past carding cycles, and now aligns with the other sentences in the same paragraph.
All National Team athletes will be notified of these corrections on November 10th, 2026. A corrected version of this document will be posted to the Triathlon Canada website on November 10th, 2026. The deadline to submit an AAP Expression of Interest remains November 12th, 2026.

All National Team athletes will be notified of these corrections on November 10, 2026.

A. INTRODUCTION

The purpose of this document is to outline the qualification and selection procedures (the "Selection Process") that will be used by Triathlon Canada to select athletes to be nominated for Sport Canada's Athlete Assistance Program (AAP).

The objective of the AAP is to identify and support Canadian athletes who have demonstrated the potential to achieve a top eight (8) result at the Olympics and World Triathlon Championship Finals. Sport Canada evaluates the number of athletes that will be supported for each sport and issues "cards" under the AAP program. The AAP is commonly referred to as the "carding" program hence the term "carded" for AAP supported athletes.

B. POLICY DETAILS

Sport Canada determines the card quotas for eligible NSOs (National Sport Organizations) and sport disciplines. Each eligible sport discipline is allotted a certain number of senior cards with a corresponding monetary amount. The annual allocation for Triathlon Canada is currently 6 senior cards, the equivalent of $156,600. Sport Canada regularly reviews its allocation of cards; this quota is therefore subject to change.

Demonstrated performance is the primary requirement of the carding process. Results achieved in the specified events listed in this document will be used to evaluate performance and determine eligibility under the carding criteria as collaboratively developed and agreed to by Sport Canada and Triathlon Canada.

DEFINITIONS

Carding Cycle refers to the period January 1st to December 31st.

Current Carding Cycle refers to the period January 1st of the current year and ending December 31st of the current year.

A Card is a general term for several types of Cards that exist:

- Senior International Card (SR1/SR2)
- Senior National Card (SR)
- Senior Health Related Circumstances Card (SRH)
- Development Card (D)
- Development Health Related Circumstances Card (DH)

TRIATHLON CANADA'S AUTHORITY FOR DECISIONS

All matters relating to the nomination of athletes for AAP are the sole authority of Triathlon Canada. Triathlon Canada makes decisions relating to the approval of AAP nominations on the basis of the approved Triathlon Canada AAP Nominations Criteria and requirements. If an athlete does not meet the criteria or requirements set out in the Triathlon Canada AAP Nominations Criteria, the athlete will not be eligible for nomination by Triathlon Canada.

SECTION 1: CARDING ALLOCATION

1.1 Carding is only available for results obtained in World Triathlon Standard, Sprint, Super Sprint, or Mixed Relay events in the Elite, U23, and Junior categories. Any eligible athlete must show that he/she is specializing in World Triathlon Standard, Sprint, Super Sprint, or Mixed Relay racing. Indoor race formats, World Triathlon "Multisport" events, or races where the swim portion of the event is cancelled will not be considered.

1.2 The annual carding qualification period is defined by the schedule of World Triathlon points scoring events between January 1st to December 31st of the current year.

1.3 Cards will be allocated based on the following priority ranking:

i. Senior cards –SR1, SR2, SR and SRH cards
   a. Athletes eligible for "Senior International" cards;
   b. Athletes eligible for "Senior National" cards;

ii. Development cards – D and DH cards
   a. Athletes eligible for "Development" cards

1.4 Triathlon Canada's High-Performance Director, in consultation with the High Performance Advisory Committee (HPAC), makes final recommendations on nomination to Sport Canada's AAP based on Triathlon Canada's carding criteria. The High Performance Director is responsible for the implementation of this policy.

1.5 Athletes who wish to be considered for nomination are required to submit an AAP Expression of Interest (EOI) to the High Performance Director by November 12th, 2026.

1.6 Sport Canada is responsible for approving nominations in accordance with the AAP policies and the published Triathlon Canada approved and AAP compliant carding criteria.

SECTION 2: MINIMUM QUALIFICATION REQUIREMENTS

2.1 The athlete must be a Canadian citizen or permanent resident of Canada at the beginning of the carding cycle for which the athlete is being nominated. Permanent residents must live in Canada for the full year preceding the carding cycle for which the athlete is being considered for AAP support.

2.2 Under the eligibility requirements of the sport's International Federation (IF) as it pertains to citizenship or residency status, the athlete must be eligible to represent Canada at major international competitions, including World Triathlon Championship Finals, at the beginning of the carding cycle for which the athlete is being nominated.

2.3 The athlete must be available to represent Canada in major international competitions, including World Triathlon Championship Finals and Olympic Games.

2.4 For athletes who have been permanent residents of Canada for three years or more, continued eligibility to receive AAP support is contingent on the athlete becoming eligible to represent Canada at the Olympic Games.

2.5 The athlete must be in a Triathlon Canada approved training environment. Approval must be received from Triathlon Canada's High Performance Director prior to May 1st of the nomination year. A Triathlon Canada approved training environment is one that includes or is considered, but is not exclusive to, the following:

- A Triathlon Canada endorsed Provincial High Performance Program
- A High Performance programming and competition focus (not age group or long-distance)
- Optimal training partners and environmental conditions that contribute to effective training

2.6 The athlete must adhere to an approved competition schedule that reflects the strategic direction of Triathlon Canada's High Performance program. Approval must be received from Triathlon Canada's High Performance Director prior to February 1st of the nomination year. Adjustments to and direction of the competition schedule is under the guidance of the High Performance Director, who is guided by the following principles:

- Appropriate level of racing for the athlete
- Criteria achieved as communicated in Triathlon Canada's Event Selection Policies
- Proven evidence of ability to maximize World Triathlon Individual Ranking Points
- Race Profile including terrain, environment, and field of competitors anticipated
- Strategic initiatives (i.e. relay, World Triathlon quota acquisition, and prioritization of Triathlon Canada's High Performance strategies)
- Canada's Olympic qualification strategy

2.7 The athlete must be in a Triathlon Canada approved training environment and have a coach-of-record for the entirety of the AAP carding cycle that:

- Is in good standing with the Coaching Association of Canada OR is in good standing with their respective home country's recognized coaching association/National Federation,

- Agrees to share, in writing, all training logs or plans with Triathlon Canada's High Performance Director upon request,
- Agrees to commit to and prioritize Triathlon Canada's strategic initiatives as directed by Triathlon Canada's High Performance Director,
- Communicates on a regular basis, or upon request, with Triathlon Canada's High Performance Director in regard to the athlete, and
- Is not the athlete unless approved in advance by the High Performance Director.

SECTION 3: SENIOR INTERNATIONAL CARDING CRITERIA (SR1/SR2)

The allocation of Senior International Cards will be based on the following performance criteria set by Sport Canada:

Non - Olympic Year	
Event	**Performance Standard:**
2026 World Triathlon Championship Finals Pontevedra – Individual	Athletes who achieve a Top 8 result in the individual race (Elite Category) at the World Triathlon Championship Finals – Pontevedra.
2026 World Triathlon Mixed Relay Championships – Hamburg	Eligible athletes must have competed as Starters on the mixed relay team that earned a top 5 finish or better at the 2026 World Triathlon Mixed Relay Championships – Hamburg.

Athletes who meet the Senior International criteria are eligible to be nominated by Triathlon Canada for two consecutive years, with the card for the first year referred to as SR1 and the card for the second year referred to as SR2. The second year of carding is contingent on the athlete being re-nominated by Triathlon Canada and a training and competitive program approved by Triathlon Canada and Sport Canada being maintained. The athlete must also:

- Sign an Athlete/ Triathlon Canada Agreement and complete an AAP Application Form for the year in question
- Compete in the Triathlon Canada National Championships for the year of the carding cycle. Note, the requirement to participate at the National Championships may be waived by the Triathlon Canada High Performance Director (see Appendix A Exemption request procedures)
- Be in an approved Triathlon Canada training environment (as defined in Section 2.7)
- Continue to demonstrate world class ability by achieving at least one of the following results in the season prior to the carding cycle being considered for nomination to the AAP:
    - Top 12 at a World Triathlon Championship Finals,
    - Top 8 at a World Triathlon Championship Series Event,
    - Podium at the Pan American Games
    - Top 5 at a World Triathlon Mixed Relay Series Event, OR
    - At the sole discretion of Triathlon Canada's High Performance Director, in consultation with the High Performance Advisory Committee, based on a comprehensive assessment of an athlete's results and/or physical testing.

SECTION 4: SENIOR NATIONAL CARDING CRITERIA (SR)

4.1 Senior carded athletes will normally have a maximum of 5 years, excluding the year(s) in which Health Related Circumstances cards are awarded, to achieve International Card status (SR1) from the year they were first Senior carded as a senior-aged athlete (23+). An athlete may be nominated for a 6th year or beyond at the SR level if:

a. The athlete meets the SR Card criteria 4.5 Priority #1, and/or
b. In the opinion of Triathlon Canada's High Performance Director; based on a stringent review of past performance, future potential, and demonstrated improvement, it is determined that the athlete has the potential to qualify for a Senior International card (SR1/SR2), and/or assist other targeted athletes in their role as a team athlete in achieving SR1/SR2 status.

4.2 To be considered for an SR card, a World Triathlon Senior-aged athlete must have:

a. Participated in a minimum of three (3) 2026 World Triathlon Standard, Sprint, or Mixed Relay Series events in the Elite categories. Note: the requirement to participate in three (3) World Triathlon Events may be waived by the Triathlon Canada High Performance Director (see Appendix A Exemption request procedures), **AND**
b. Participated in the 2026 Triathlon Canada National Championship. Note: the requirement to participate at the Canadian Championship may be waived by the Triathlon Canada High Performance Director (see Appendix A Exemption request procedures).

4.3 Unless otherwise stated in the Senior National carding criteria, all results herein refer to the season prior to the carding cycle being considered for nomination to the AAP.

4.4 SR Cards will be allocated regardless of gender and prioritized by the order of the criteria below.

4.5 The remaining number of Senior cards will be allocated to eligible athletes in the following priority order:

Senior Priority #1 - World Triathlon Championship Series Top 8 – Podium Potential
Athletes who finish in the Top 8 at a 2026 World Triathlon Championship Series (WTCS) Event or World Triathlon Championship Finals (WTCF) Event.

Prioritization:

- If there are fewer cards than athletes meeting the Senior National Priority #1 criteria, the athletes who met this priority will be ranked in order of their best single placing at a WTCS/WTCF event during the 2026 season.

Senior Priority #2 - World Triathlon Championship Series Top 12
Athletes who finish in the Top 12 at a 2026 World Triathlon Championship Series Event or World Triathlon Championship Finals Event.

Prioritization:

- If there are fewer cards than athletes meeting the Senior National Priority #2 criteria, the athletes who met this priority will be ranked in order of their best single placing at a WTCS/WTCF event during the 2026 season.

Senior Priority #3 - World Triathlon Championship Series Top 20
Athletes with a minimum of two (2) Top 20 finishes at ~~2025~~ 2026 World Triathlon Championship Series or World Triathlon Championship Finals Events and one (1) Top 5 finish in a World Triathlon Cup event.

Prioritization:

- If there are fewer cards than athletes meeting the Senior National Priority #3 criteria, the athletes who met this priority will be ranked in order of their best single placing at a WTCS/WTCF or World Triathlon Cup event during the 2026 season.

Senior Priority #4 – Top 30 World Triathlon Individual World Ranking
Athletes ranked within the Top 30 of the World Triathlon Individual World Ranking on November 30th, 2026.

Prioritization:

- If there are fewer cards than athletes meeting the Senior National Priority #4 criteria, the athlete with the highest (best) World Triathlon Individual World Ranking will be ranked higher.

Senior Priority #5 – SR1 or SR2 Health Related Circumstances
Athletes carded the previous year at the SR1 or SR2 level who meet the health related circumstances carding criteria.

Senior Priority #6 – SR Health Related Circumstances

Athletes carded the previous year at SR levels who meet the health related circumstances carding criteria.

Senior Priority #7 – SR Health Related Circumstances 2nd Year
Remaining Senior Cards will be awarded to athletes carded the previous year at the SR health related circumstances level that still meet the health-related circumstances carding criteria.

SECTION 5: DEVELOPMENT CARD CRITERIA
The focus and guiding principle of the Development Card is to assist the transition towards achieving international excellence for development athletes who clearly demonstrate the potential to achieve the Senior International card criteria. Athletes born on or ~~before~~ after December 31st 2001, are eligible for Development Card nomination in the 2027 carding cycle. This is inclusive of Junior and U23 eligible athletes.

Athletes previously carded at the Senior Card level (SR, SR1, SR2) for more than two years are no longer eligible for to be nominated for Development cards unless they achieved the senior carding level at junior ages.

5.1 To be considered for a Development Card, an athlete must have:

- Participated at the Junior, U23, and/or Elite 2026 Triathlon Canada National Championship following a draft-legal format in the year of nomination for AAP support. The requirement to participate at the National Championships may be waived by the Triathlon Canada High Performance Director (see Appendix A - Exemption request procedures).
- Have a World Triathlon Individual World Ranking as of December 1st, 2026.
- For Junior athletes, have participated in a provincial program activity as directed by their Provincial Sport Organization (if applicable) and approved by the High Performance Director, or be officially involved with their Provincial Sport Organization's provincial High Performance program (if applicable) as confirmed by the PSO Executive Director.

5.2 The remaining number of Development cards will be allocated to eligible athletes in the following priority order:

Development Priority #1 – World Triathlon Cup Event Performances
Athletes with a minimum of two (2) Top 12 finishes at a 2026 World Triathlon Cup Event.

Prioritization**:**

- If there are fewer cards than athletes meeting the Development Priority #1 criteria, the athletes who met this priority will be ranked in order of their best single placing at a World Triathlon Cup event during the 2026 season.

Development Priority #2 – World Triathlon Cup Event Performances
Athletes achieving a minimum of one (1) top 12 and one (1) top 20 finishes at a 2026 World Cup Event.

Prioritization:

- If there are fewer cards than athletes meeting the Development Priority #2 criteria, the athletes who met this priority will be ranked in order of their best single placing at a World Triathlon Cup event during the 2026 season.

Development Priority #3 – U23 World Triathlon Championship Finals Performances

- Athletes finishing in the Top 12 of the individual race at the 2026 U23 World Triathlon Championship Finals.

Prioritization:

- If there are fewer cards than athletes meeting the Development Priority #3 criteria, the athletes who met this priority and who achieved the best finish placing will ranked higher.
- If two or more athletes achieved the same finish, athletes who met this priority will be ranked in order of their World Triathlon Individual World Ranking immediately following the World Triathlon Championship Finals.

Development Priority #4 – World Triathlon Cup, Americas Triathlon Cup, and Americans Triathlon Championship Performances

Athletes must achieve a minimum of:

- One (1) top-20 finish at a 2026 World Triathlon Cup event; **AND** one (1) top-5 finish at a 2026 Americas Triathlon Cup or Americas Triathlon Championship individual event.

Prioritization:

- If there are fewer cards than athletes meeting the Development Priority #4 criteria, the athletes who met this priority will be ranked in order of their best single placing at a World Triathlon Cup, Americas Triathlon Cup, or Americas Triathlon Championship event during the 2026 season.

Results achieved at Americas Triathlon Cup Events must have 25 or more athletes on the start list.

Development Priority #5 – 2026 U23/JR World Triathlon Relay Championships - Pontevedra
Athletes competing as Starters in the 2026 U23/JR World Triathlon Relay Championships - Pontevedra where the team finishes in the Top 5.

Prioritization**:**

- If there are fewer cards than athletes meeting the Development Priority #5 criteria, the athlete

with the highest percentage of the fastest time for their relay leg will be ranked higher.
- If two or more athletes have the same overall percent difference of the fastest overall time on their relay leg, then the athlete with the highest percent run then swim of their relay leg will be ranked higher.

Development Priority #6 – 2026 Junior World Triathlon Championship Finals
Athletes finishing in the Top 12 in the individual race at the 2026 Junior World Triathlon Championship Finals.

Prioritization:
- If there are fewer cards than athletes meeting the Priority #6 criteria, priority will be given to the athlete(s) in order of best finish placing in the 2026 Junior World Triathlon Championship Finals event.
- If athletes remain tied (e.g., two silver medallists), then the best run split percentage to race winner of the 2026 Junior World Triathlon Championship Finals event will be ranked higher.

Development Priority #7 – Selected Athletes

Prioritization:
- If cards remain, Junior and U23 athletes will be combined into a single ranking list and ordered according to their best finishing position at the 2026 World Triathlon Championship Finals, regardless of age category. *Example: 8th place (U23 Women), 10th place (Junior Men), 11th place (U23 Men), 15th place (Junior Women).*

Development Priority #8 – D Health Related Circumstances
Athletes carded the previous year at the D level, who meet the health-related circumstances carding criteria may be considered for Development Carding – Health Related Circumstances exemption.

SECTION 6: HEALTH-RELATED CIRCUMSTANCES AND PREGNANCY CARDING CRITERIA

6.1 A carded athlete, who at the end of the carding cycle has not achieved the standard required for the renewal of carding status because of strictly health related reasons (which can include illness, injury, pregnancy and other health-related circumstances), may be considered for re-nomination for the upcoming year. In this circumstance, the athlete must make a written application for a health related circumstances card to the High Performance Director, supported by a medical certificate, no later than five (5) calendar days after the conclusion of the World Triathlon Championship Finals of the current year as outlined in 1.2 above in order to be considered for selection.

6.2 The basic philosophy for selecting an athlete by granting a health-related circumstances request is that, all things being equal, the athlete nominated has clearly demonstrated superior performances in previous competitions to other athletes being considered for AAP nomination.

- A health-related circumstances request is considered as the last means by which an athlete can earn selection. It is intended to provide for exceptional circumstances outside the normal selection criteria, rather than being part of the normal means by which an athlete can earn selection.

6.3 The athlete will be considered for nomination for a health related circumstances card at the discretion of the High Performance Director in consultation with the High Performance Advisory

Committee, subject to the following conditions:

- In the view of the High Performance Director and in consultation with the High Performance Advisory Committee, the athlete has made reasonable efforts through rehabilitation and training to return to full high performance training and competition as soon as possible after acquiring health-related circumstance. Despite these reasonable efforts, the athlete failed to meet the selection criteria as outlined in this AAP Nominations Criteria document.
- A qualified sport medicine physician, approved by Triathlon Canada, provides a written report to the High Performance Director indicating: (i) the scope of the injury, (ii) the rehabilitation required, (iii) the normal recovery term, and (iv) the prognosis of a full recovery by the athlete (the "Physician's Report"). The Physician's Report must indicate to the High Performance Director that the athlete will be ready to compete and achieve equal or superior performances to those achieved by the athlete prior to the athlete's injury by no later than five (5) calendar days after the conclusion of the World Triathlon Championship Finals of the current year as outlined in 1.2 above. Triathlon Canada's High Performance Director will review the Physician's Report and may obtain a peer-reviewed evaluation of the applicant's information and readiness to return to full-time training and competition.
- If the Health-related circumstance is due to pregnancy, Triathlon Canada will utilize Section **9.1.4 Health Cards Related to Pregnancy** of the AAP Policy and Procedures Guide to determine an athlete's carding eligibility. Section 9.1.4 also outlines any documentation required as well as return to training and competition requirements.

6.4 In the event that an athlete is nominated to receive Sport Canada AAP support on the basis of a successful health-related circumstances request they will be required to prove recovery, both from a medical perspective and also a performance perspective on or before March 15th of the carding cycle.

The determination of what performance benchmarks, and/or health indicators will be utilized to constitute recovery will be made by the Triathlon Canada medical team, coaching staff, and High Performance Director, and will be communicated to the individual athlete and their coach before January 15th. These performance benchmarks, and/or health indicators, will be based upon assessing the athlete's ability to perform at the same performance level that earned them nomination for Sport Canada AAP support.

6.5 If an athlete is subsequently deemed medically unfit and/or is unable to meet the required performance benchmarks on or before March 15th, their nomination will be withdrawn by Triathlon Canada for the remaining months of the carding cycle.

6.6 The request must be made in writing, signed by the personal coach, stating the circumstances with supporting evidence emailed to the Triathlon Canada High Performance Director. Injury requests must include a medical certificate that indicates the type of injury, severity, and estimated recovery time. Triathlon Canada has the right to seek a second medical opinion.

6.7 The Triathlon Canada High Performance Director will accept or reject all requests and deliver the decision in writing within two weeks of receiving the request.

SECTION 7: ATHLETES TRAINING OUTSIDE OF CANADA

7.1 All athletes training outside of Canada are required to support the National program as outlined in this document.

7.2 Triathlon Canada will, at its sole discretion, determine if Canadians who achieve the carding criteria while living and training outside of the country will be nominated for AAP funding. The decision will be based on a number of factors which shall include, but not be limited to, the available daily training environment, ability to support the National program as outlined in this document, current and past health status, performance potential, and other objective or subjective factors. Triathlon Canada is not obliged to nominate any athletes training outside of Canada.

7.3 As per Sport Canada policy (2.5.1), Athletes living outside Canada are not normally eligible for AAP support. Any exceptions to this requirement must be approved by Sport Canada. An athlete leaving Canada should be fully aware that an exception will be made only through special submissions by the NSO to Sport Canada. Athletes living outside Canada for athletic or academic purposes must demonstrate, to the satisfaction of Sport Canada, that appropriate training programs are in place and are being monitored by their NSO. Athletes who have been living full-time outside Canada for more than two successive years will not normally be considered eligible for AAP benefits, unless these athletes are competing within the Canadian sport system and representing Canada at international competition.

7.4 As per Sport Canada policy (2.5.2), Triathlon Canada will nominate athletes who are attending a foreign post-secondary educational institution and are receiving an athletic scholarship for AAP funding provided they commit to support the National Team Program activities. These athletes will be nominated by Triathlon Canada for AAP support during the months they are not attending the foreign post-secondary institution. It is the responsibility of the individual athlete to notify Triathlon Canada of the applicable time period for which they will not be attending the foreign post-secondary educational institution.

7.5 If an athlete intends to change their daily training environment to one outside of Canada, they are required to notify the Triathlon Canada High Performance Director in writing at least 60 days prior to the beginning of the carding cycle. The daily training environment/coach-of-record must continue to meet the requirements in Section 2.7.

7.6 If an athlete decides to train in a daily environment outside of Canada AFTER being nominated for AAP, Triathlon Canada at its sole discretion can recommend AAP support withdrawal to Sport Canada. The daily training environment/coach-of-record must continue to meet the requirements in Section 2.7.

SECTION 8: NCAA-BASED CARDED ATHLETES

8.1 Sport Canada policy states that athletes attending a foreign post-secondary educational institution and who are receiving an athletic scholarship are not eligible to receive AAP support in the months in which they are attending the foreign post-secondary educational institution.

8.2 It is the responsibility of the NCAA-based athlete who is nominated for AAP support to notify Triathlon Canada of the time period that the athlete will not be attending the foreign post-secondary

educational institution. Once notified, Triathlon Canada will request that Sport Canada activate the athletes AAP support for that period. AAP support will only be activated if the athlete has submitted all the required documentation to Triathlon Canada by the prescribed deadline in the fall of 2026.

8.3 It is the responsibility of the NCAA-based athlete to notify their institutions compliance department to confirm that they are eligible to receive AAP support. It is also the NCAA-based athlete's responsibility to determine any procedures that they must follow in order to meet the requirements of the institution's compliance department.

SECTION 9: ATHLETES RECEIVING ATHLETIC SCHOLARSHIPS FROM FOREIGN POST-SECONDARY EDUCATIONAL INSTITUTIONS

9.1 Sport Canada policy states that athletes attending a foreign post-secondary educational institution and who are receiving an athletic scholarship are not eligible to receive AAP support in the months in which they are attending the foreign post-secondary educational institution.

9.2 As per Sport Canada policy (2.5.2), Triathlon Canada will nominate athletes who are attending a foreign post-secondary educational institution and are receiving an athletic scholarship for AAP funding provided that they commit to support the National Team Program activities. These athletes will be nominated by Triathlon Canada for AAP support during the months they are not attending the foreign post-secondary institution.

9.3 It is the responsibility of the individual athlete to notify Triathlon Canada of the applicable time period for which they will not be attending the foreign post-secondary educational institution. Once notified, Triathlon Canada will request that Sport Canada activate the athletes AAP support for that period. AAP support will only be activated if the athlete has submitted all the required documentation to Triathlon Canada by the prescribed deadline in the fall of 2026.

9.4 It is the responsibility of the athlete who is attending a foreign post-secondary educational institution to notify their institution's compliance department to confirm that they are eligible to receive AAP support. It is also the athlete's responsibility to determine any procedures that they must follow to meet the requirements of the institution's compliance department.

SECTION 10: NATIONAL PROGRAM MANDATORY EVENTS

Once carded, all athletes must attend Triathlon Canada competitions for which they are deemed eligible and selected, and any Triathlon Canada camps for which they are selected.

Mandatory events are as follows:

- Triathlon Canada Elite National Championships (unless a written exemption is provided by Triathlon Canada's High-Performance Director)
- Any and all events as communicated by Triathlon Canada as 'targeted' or 'mandatory'
- Camps or testing that is communicated by Triathlon Canada as 'targeted' or 'mandatory'

Athletes that do not attend mandatory events or camps/testing after being nominated and approved for AAP funding may be recommended for withdrawal of said AAP funding.

SECTION 11: CARDING REQUIREMENTS

11.1 All carded athletes must complete and submit all required documentation by the specified deadline in their carding notification letter. Failure to do so will result in Triathlon Canada delaying or rescinding the athlete's nomination to Sport Canada for AAP funding. Funding will not be activated until such time that all required documentation is returned to Triathlon Canada.

11.2 All carded athletes shall be expected to attend and maintain an appropriate standard of training suitable toprogress their competitive standard.

11.3 All carded athletes AND personal coaches of carded athletes will be required to submit a Triathlon Canada approved training plan to Triathlon Canada by January 31st, 2027.

11.4 All carded athletes will be required to track daily training and daily monitoring/readiness in Training Peaks or similar. These records must be available for review upon request by the High Performance Director. It is understood that the athlete's personal coach is primarily responsible for ensuring the progression of the athlete's training and development throughout the year. If the athlete experiences any issues related to injury, illness, over-training, RED-S, or other hinderance to training or racing, the athlete and/or their personal coach must report this to the High Performance Director as soon as possible so that Integrated Service Team (IST) services may be arranged to support the athlete's health, wellness, and performance and return to play progression.

11.5 All personal coaches of carded athletes will be required to submit updates of athletes upon request from Triathlon Canada.

11.6 All athletes AND personal coaches of carded athletes will be expected to submit testing and monitoring data when requested by Triathlon Canada.

11.7 All personal coaches of carded athletes will be required to attend Carded Coaches Meetings as determined by the Triathlon Canada High Performance Director.

11.8 If, for any reason other than injury and illness (see Section 6), an athlete is unable to sustain or otherwise maintain a suitable level of training/racing, their carding status will be reviewed. Should the review provide a negative result, a recommendation for withdrawal of carding will be made to Sport Canada.

11.9 The Triathlon Canada High Performance Director, in consultation with the High Performance Advisory Committee, retains decision making authority in recommendations to withdraw carding to Sport Canada.

SECTION 12: WITHDRAWAL OF CARDING

Triathlon Canada retains the right to recommend the withdrawal of AAP support at any time during the AAP funding cycle if an athlete is found to be in violation of the following:

- Triathlon Canada Athlete Agreement
- Triathlon Canada Code of Conduct
- Canadian Safe Sport Program
- Sport Canada AAP Agreement
- WADA or SIC (Sport Integrity Canada) requirements
- Training or competition commitments

- Any requirements as defined in this document

Failure to meet agreed upon training or competition commitments may include the following:

- A decision by the carded athlete to live in an environment not conducive to high-performance achievement;
- Any deliberate action by the carded athlete that significantly risks or limits performance;
- An inability of the carded athlete to meet the training and competition obligations outlined in the carded athlete's annual training/competition plan or the Triathlon Canada Athlete Agreement for the current carding cycle.

If there is a change in the carded athlete's coaching, competition, and training status/environment, it is the athlete's responsibility to request approval from Triathlon Canada's High Performance Director within 48 hours of the change. Approval of the changes is at the sole discretion of Triathlon Canada.

Should Triathlon Canada wish to recommend withdrawal of carded status for a failure to meet agreed upon training and competition requirements, Triathlon Canada will first:

- Provide an oral warning to the athlete, including steps and timelines to remedy the situation and the consequences of a failure to heed the warning;
- Follow-up with a written warning to the athlete if the oral warning is not heeded.

If the above steps are not successful in resolving the matter, Triathlon Canada will provide written notice to Sport Canada, with a copy to the athlete, recommending the withdrawal of the athlete's carded status.

SECTION 13: APPEAL PROCESS

Appeal of Triathlon Canada AAP nomination/re-nomination decisions or of Triathlon Canada's recommendation to withdraw carding will be facilitated through Triathlon Canada's appeal policy.

APPENDIX A

EXEMPTION REQUEST AND PROCEDURES

As a condition of nomination to the AAP, athletes are required to compete in a minimum of five (5) World Triathlon International events (i.e. Olympic Games; Paralympic Games; Commonwealth Games; Pan American Games; World Triathlon Championship Series; World Triathlon Cup; and Americas Cup events as posted on www.triathlon.org) and the Triathlon Canada National Championships. Exemptions can only be requested for exceptional circumstances to the Triathlon Canada High Performance Director.

1. Exceptional circumstances for exemption may include but are not limited to: a death in the immediate family, an injury, an academic conflict, or a calendar conflict with another competition that is deemed more appropriate by the Triathlon Canada High Performance Director. Triathlon Canada High Performance Director has the sole authority to determine what an exceptional circumstance is.
2. Request must be made as soon as the problem/issue is known.
3. In case of a health related concern:
   a) unless the health related concern occurs within 1 week of the event, the request must be received at the Triathlon Canada HPD within 1 week of occurrence;
   b) when the health related concern occurs within 1 week of the event, the request must be received by the Triathlon Canada HPD prior to commencement of the event;
   c) when the health related concern occurs at the event, it must be reported to the Triathlon Canada HPD who will share the information with Triathlon Canada's chief medical officer at the earliest opportunity.
4. Except for 3 (c): the request must be made in writing, signed by the personal coach, stating the circumstances with supporting evidence sent to the High Performance Director. Health related concern requests must include a medical certificate that indicates the type of health related concern and estimated recovery time. Triathlon Canada has the right to seek a second medical opinion.
5. The Triathlon Canada High Performance Director will accept or reject all requests and deliver the decision in writing within two weeks of receiving the request.