

2026 TRIATHLON CANADA ELITE MIXED RELAY TEAM SELECTION POLICY

Notice of revision:

- March 23, 2026: Due to schedule changes announced by World Triathlon, WTCS Alghero no longer hosts a Mixed Relay competition.
- March 23, 2026: Due to WTCS- level athlete availability, Triathlon Canada will not be entering a mixed relay at WTCS Quiberon.

A. INTRODUCTION

This document establishes the eligibility and selection process used by Triathlon Canada for entry into the following events.

- 2026 World Triathlon Championship Series Mixed Relay Events
- 2026 World Triathlon Cup – Edmonton

Triathlon Canada is committed to selecting the highest performing athletes and teams using clear selection methods, and in accordance with World Triathlon entry criteria. The primary goal is to achieve podium performances at all tiers and levels of competition.

Triathlon Canada will be selecting Mixed Relay teams to compete in the events outlined in this document. A total of six (6) athletes will be named to each Mixed Relay team, three (3) per gender. Four (4) athletes (two per gender) will be selected as Starters, and two (2) athletes (one per gender) will be selected as Alternates.

The team will be selected by the High Performance Director in consultation with the High Performance Advisory Committee. Selections will be made on the dates listed below for each event.

| EVENT & DATE | SELECTION DATE |
|--|----------------|
| WTCS Alghero (May 30-31, 2026) | April 17, 2026 |
| WTCS Quiberon (June 20-21, 2026) | May 8, 2026 |
| Mixed Relay World Championships Hamburg (July 11-12, 2026) | May 29, 2026 |
| World Triathlon Cup Edmonton (July 18-19, 2026) | June 5, 2026 |

The mixed relay events listed above are subject to change based on race schedules and availability of selected athletes. If a schedule change is required, an email will be sent to the High Performance community with notes on why the change was needed.

The following expectations and considerations apply to selection to the Triathlon Canada Mixed Relay team:

- By accepting selection to the Mixed Relay Team, an athlete is agreeing to prioritize the relay event over the associated individual event if applicable or as requested by the High Performance Director.
- Selection to a Mixed Relay Series event does not guarantee selection to the associated individual event if applicable.
- Depending on the Mixed Relay Series event, athletes selected as Alternates may or may not be a travelling alternate and will be notified with appropriate time by the High Performance Director.

- Team rosters (e.g. starters and alternates) will be subject to change based on the process outlined in this document.

Further to the eligibility and selection criteria outlined in this policy, the following conditions apply to the application of this policy:

- Triathlon Canada is not obligated to enter a relay team at any event.
- Selection according to the terms of this Policy will not qualify an athlete for participation in any World Triathlon event if the athlete is not eligible according to the World Triathlon Eligibility Rules applicable to the aforementioned events.
- This policy can be amended at any time by Triathlon Canada if Triathlon Canada is of the opinion, that such an amendment is necessary due to any change in World Triathlon guidelines, or to give effect to the Policy following discovery of a drafting error or oversight, or for any other reason determined to be in the best interests of Triathlon Canada by Triathlon Canada. Triathlon Canada shall not be responsible or liable in any way to any one as a result of any such amendment.
- Any modification of this policy shall not apply retroactively where a published criteria has already been achieved by an athlete or team unless required by World Triathlon.
- The Schedules and Appendices and any other document referred to in this document form part of this Selection Policy.
- It is the athlete's responsibility to read and understand this Policy (and other supporting documents and/or policies).

In the first instance, for further clarification relating to this Policy, queries should be directed to the High Performance Director.

If an athlete is still unclear about the Policy (and other supporting documents and/or policies) operation or effect, independent legal advice should be sought.

B. ELIGIBILITY CRITERIA

Only athletes meeting the following terms will be eligible for selection.

1. World Triathlon Eligibility Criteria

An athlete must:

- Comply with all current World Triathlon Rules regarding citizenship, national representation, and eligibility.
- Complete the World Triathlon medical Pre-Participation Evaluation (PPE) prior to competing in any World Triathlon event.

If there is any doubt regarding eligibility to compete for Canada, athletes must contact the High-Performance Director or designate of Triathlon Canada for clarification.

2. Triathlon Canada Specific Eligibility Criteria

An athlete must:

- Be a Canadian citizen or have permanent residence status.
- Be members in good standing with a Triathlon Provincial Sport Organization and Triathlon Canada

- Have a current Triathlon Canada International Competition Card (ICC);
- Participate fully with Team Canada as per the Triathlon Canada Athlete Agreement
- If eligible, participate in the 2026 Triathlon Canada National Championships unless an exemption is approved by Triathlon Canada’s High Performance Director.
- Have a coach of record that is in good standing with the Coaching Association of Canada and Triathlon Canada OR be in good standing with their respective National Sport Organization/Coaching Association
- **Athletes must submit an expression of interest (EOI) for each relay they hope to be selected for. The deadline for each RELAY EOI is listed below. The EOI is to be in the form of an email to the High Performance Director Dan.Proulx@triathloncanada.com and the High Performance Manager Ally.Govier@triathloncanada.com**

| EVENT & DATE | RELAY EOI DEADLINE |
|--|--------------------|
| WTCS Alghero (May 30-31, 2026) | April 15, 2026 |
| WTCS Quiberon (June 20-21, 2026) | May 6, 2026 |
| Mixed Relay World Championships Hamburg (July 11-12, 2026) | May 27, 2026 |
| World Triathlon Cup Edmonton (July 18-19, 2026) | June 3, 2026 |

C. SELECTION PROCESS

This section applies to the following World Triathlon Mixed Relay events:

| EVENT |
|--|
| WTCS Alghero (May 30-31, 2026) |
| WTCS Quiberon (June 20-21, 2026) |
| Mixed Relay World Championships Hamburg (July 11-12, 2026) |
| World Triathlon Cup Edmonton (July 18-19, 2026) |

The events above are subject to change based on EOIs submitted, athlete availability and strategic considerations. Strategic changes may be needed to ensure Triathlon Canada is able to enter the fastest team possible for each event.

This policy applies to any additional mixed relay events added by World Triathlon to the 2026 calendar.

This policy also applies to other 2026 Mixed Relay events where Triathlon Canada has not intended to enter a Mixed Relay, but where a sufficient number of Canadian athletes are already planning to compete individually and have expressed a desire to race the mixed relay. For these events, selection of athletes to the team will follow the same procedure listed below. Mixed Relay teams selected in this manner are not eligible for funding and support unless otherwise specified.

Please note that this policy does not apply to the Junior & U23 Mixed Relay at the World Championships or the 2026 Continental Championships Mixed Relay. Please see the specific selection policy published for those events.

Selection Process.

| EVENT & DATE | SELECTION DATE |
|--|----------------|
| WTCS Alghero (May 30-31, 2026) | April 17, 2026 |
| WTCS Quiberon (June 20-21, 2026) | May 8, 2026 |
| Mixed Relay World Championships Hamburg (July 11-12, 2026) | May 29, 2026 |
| World Triathlon Cup Edmonton (July 18-19, 2026) | June 5, 2026 |

Four (4) athletes (two per gender) will be selected as Starters, and two (2) athletes (one per gender) will be selected as Alternates. Athletes will be selected in order of the prioritized criteria written below until all positions on the Mixed Relay team have been filled.

- Priority 1: Athletes who finished in the top 8 at a WTCS event in the past 12 months.
- Priority 2: Athletes who finished in the top 12 at a WTCS event in the past 12 months.
- Priority 3: Athletes who finished in the top 20 at a WTCS event in the past 12 months.
- Priority 4: Athletes ranked in the top 50 of the World Triathlon Individual World Rankings.
- Priority 5: Athletes who finished in the top 8 of a World Cup event in the past 12 months.
- Priority 6: Athletes who finished top 10 in the most recent U23 World Championships.
- Priority 7: If needed to create a Mixed Relay team, other athletes can be nominated through HPD discretion. The exercise of this discretion may consider but is not limited to, the athlete's recent international performance, relay-specific competencies, demonstrated consistency, current health and readiness, and the strategic requirements of the team for the specific event.

Where an athlete meets more than one Priority, the highest Priority achieved will determine their placement in the selection order.

In the event of a tie between two or more athletes within the same criterion, the athletes shall be selected through High Performance Director discretion considering the athlete’s performances in WTCS and World Cup races in the past 12 months. The High Performance Director shall select the athlete they believe is most likely to improve the Mixed Relay team’s result at the selection event. The High Performance Director shall provide a written rationale for their choice to the High Performance Advisory for review.

Only results achieved in the 12 months prior to the selection date will be considered in determining the Priority that each athlete has achieved.

The High Performance Director shall document this process and communicate the outcome in writing to the High Performance Advisory on the selection date specified for each event.

Athletes will be notified of selection within 72 hours of the selection date specified for each event. Only athletes who submitted an EOI shall be notified of selection or non-selection to the event.

Determination of starting order:

The order of starters in the relay shall be determined by the sole discretion of the Triathlon Canada High Performance Director or designate. The intended start order will be discussed with the athletes selected as starters to ensure clarity on team strategy and individual roles; however, final decision making authority

rests entirely with the High Performance Director or designate. The High Performance Director or designate shall provide written notice of the intended starting order, along with a rationale, to the High Performance Advisory by email at least eight (8) hours prior to the relay event.

Changes to starters, alternates or starting order:

Starter and Alternate positions may be adjusted based on an athlete's performance or readiness during the race weekend. The High Performance Director or designate has discretion to make these decisions, considering performance, health, injury, heat tolerance, or any other factor affecting competitive readiness.

The High Performance Director or designate shall communicate any revised starting order, along with a rationale for the change, to the High Performance Advisory as soon as possible and prior to the deadline for team changes stipulated by the World Triathlon Technical Delegate or World Triathlon Regulations.

Athletes selected to a Mixed Relay team as either a Starter or Alternate are obligated to inform the High Performance Director of any injury, illness or other potential hinderance to performance immediately. Failure to do so may result in the athlete being removed from consideration to future relay events. This requirement is to ensure the health and safety of the athlete. The requirement also helps to ensure that Triathlon Canada always enters the fastest team possible.

Role of Alternates:

The alternate position is critical to the success of the Mixed Team Relay. Alternates have been used frequently in the past and play an essential role in supporting the team in the training, racing, and performance environment at each event. Athletes selected as alternates are considered full members of the team and are expected to maintain competition ready preparation throughout the event. Alternates must be prepared to compete with as little as two (2) hours' notice.

Unless otherwise specified, alternates for the events listed in this policy are considered travelling alternates and will attend the full competition. When possible, alternates will also compete in the individual race scheduled before the relay.

D. FUNDING AND SUPPORT

When selecting a Mixed Relay team for one of the specific events listed in this document, Triathlon Canada will endeavour to provide equal funding and support for Starters and Alternates. This normally includes funding airfare, hotel, ground transportation, coaching, therapist and mechanic. The specific details of funding and support will be outlined in the invitation that each athlete receives after the selection process has been completed. Funding and support provided is subject to change based on available Triathlon Canada funding.

Please note that for the Mixed Relay event at the 2026 Edmonton World Cup, all athletes are responsible for the cost of their flight to and from the event.

In the event that an athlete wishes to compete in only the individual race at one of the events specifically listed in this document, they are not eligible for the funding provided to the Mixed Relay. Funding and support at these events is prioritized to athletes who are selected to the Mixed Relay team.

E. PRIZE MONEY

In the event that a mixed team relay earns prize money at an event. The prize money shall be distributed in the following manner:

- The (4) starters shall each receive 20% of the total amount of prize money earned.
- The (2) alternates shall each receive 10% of the total amount of prize money earned.

F. FINAL TEAM ROSTERS

- Final team rosters will be determined by Triathlon Canada as per World Triathlon/Organizing Committee rules.

G. CONDITIONS AND PROCEDURES OF ENTRY

- In accordance with World Triathlon rules all athlete entries into events are managed by Triathlon Canada;
- All athletes must submit an **Expressions of Interest (EOI)** for all Mixed Relay events by emailing email the High Performance Director to express their interest in competing as part of the Mixed Relay for any event outlined in this policy.

H. MODIFICATION OF POLICY

Triathlon Canada reserves the right, in extenuating circumstances, to modify this policy as it deems necessary in its sole discretion. In the event that this policy is modified, Triathlon Canada will promptly post an announcement on its website announcing the changes.

Extenuating circumstances may include, but are not limited to, World Triathlon rule changes, non-competitiveness at any selection event(s), or inappropriate timing of any selection event(s) as it relates to the overall Triathlon Canada High Performance program or Olympic qualification strategy.

I. LANGUAGE

Where there is a difference in interpretation between the French and English versions of this document, the English shall prevail.

J. APPEALS

Triathlon Canada is responsible for all Team and final roster decisions. As such, an athlete wishing to appeal a decision regarding the Team selection must follow the Triathlon Canada Appeals Policy (see Triathlon Canada website).