

2026 TRIATHLON CANADA JUNIOR CONTINENTAL CHAMPIONSHIPS SELECTION POLICY

Notice of revision:

- Priority 4 was added to this selection policy on **January 29, 2026** based on community feedback. Priority 4 was added so that any additional quota granted to Canada could be allocated systematically. The revision is highlighted in blue below.
- **February 18, 2026** notice of revision: World Triathlon has changed the date of this competition. New dates have been added in blue. The selection date for this event is also updated to May 8, 2026 as result of this date change.
- **February 18, 2026** notice of revision: Appendix A – Triathlon Canada Analytics model was removed from this selection policy as it is not applicable.
- **March 2, 2026:** World Triathlon announced that the Continental Championships date is changed to July 4-5, 2026. The document was updated to reflect this change.

A. INTRODUCTION

This document establishes the eligibility and selection process used by Triathlon Canada for entry into the following event.

- 2026 Americas Triathlon Championships – Antofagasta, Chile (~~May 30-31, 2026~~ ~~June 20-21, 2026~~ **July 4-5, 2026**)

Triathlon Canada is committed to selecting the highest performing athletes and teams using clear selection methods, and in accordance with World Triathlon entry criteria. The primary goal is to achieve podium performances at all tiers and levels of competition.

- Selection according to the terms of this Policy will not qualify an athlete for participation in any World Triathlon event if the athlete is not eligible according to World Triathlon's Eligibility Rules.
- World Triathlon determines the maximum number of quota positions and the start list, as per World Triathlon's Qualification Rules, for all the aforementioned events.
- Neither this policy, nor World Triathlon's requires Triathlon Canada to select any or all athletes to the maximum number of allotted quota positions.
- This policy can be amended at any time by Triathlon Canada if Triathlon Canada is of the opinion, that such an amendment is necessary due to any change in World Triathlon guidelines, or to give effect to the Policy following discovery of a drafting error or oversight, or for any other reason determined to be in the best interests of Triathlon Canada by Triathlon Canada. Triathlon Canada shall not be responsible or liable in any way to any one as a result of any such amendment.
- The Schedules and Appendices and any other document referred to in this document form part of this Selection Policy.
- It is the athlete's responsibility to read and understand this Policy (and other supporting documents and/or policies).

In the first instance, for further clarification relating to this Policy, queries should be directed to the High-Performance Director (HPD). If an athlete is still unclear about the Policy (and other supporting documents and/or policies) operation or effect, independent legal advice should be sought.

B. ELIGIBILITY CRITERIA

Only athletes meeting the following terms will be eligible for selection.

1. World Triathlon Eligibility Criteria

An athlete must:

- Be 16, 17, 18 or 19 years of age as of December 31, 2026
- Comply with all current World Triathlon Rules regarding citizenship, national representation, and eligibility.
- Complete the World Triathlon medical Pre-Participation Evaluation (PPE) prior to competing in any World Triathlon event.

If there is any doubt regarding eligibility to compete for Canada, athletes must contact the High-Performance Director or designate of Triathlon Canada for clarification.

2. Triathlon Canada Specific Eligibility Criteria

An athlete must:

- Be a Canadian citizen;
- Be members in good standing with a Triathlon Provincial Sport Organization and Triathlon Canada
- Have a current Triathlon Canada International Competition Card (ICC);
- Participate fully with Team Canada as per the Triathlon Canada Athlete Agreement
- If eligible, participate in the 2026 Triathlon Canada National Championships unless an exemption is approved by Triathlon Canada's High Performance Director.
- Have a coach of record that is in good standing with the Coaching Association of Canada and Triathlon Canada OR be in good standing with their respective National Sport Organization/Coaching Association
- **All athletes must submit their EOI via the Triathlon Canada EOI form 45 days before race start.** Each EOI submitted will receive an automatic confirmation receipt. If an athlete does not receive a response, they should contact the Triathlon Canada office directly (hp@triathloncanada.com).
- **Please review the Expression of Interest Policy (section G) of this document for specific details on Triathlon Canada's updated EOI policy.**
- All athletes may begin submitting **Expressions of Interest (EOI)** for World Triathlon events as of **December 15, 2025** and completion of their ICC ;

C. QUOTA AND START LISTS

- In accordance with World Triathlon rules all athlete entries into World Triathlon events are managed by Triathlon Canada.
- Triathlon Canada is allocated a maximum number of quota spots for each event by World Triathlon. Subject to available quota spots, Triathlon Canada will use the below nomination process.

D. NOMINATION PROCESS

Nomination date: May 8, 2026

Triathlon Canada anticipates a quota of up to four (4) quota spots per gender for the 2026 Junior Continental Championships. The final number of quotas spots will be communicated to Triathlon Canada prior to the event.

Subject to available quota spots, eligible Junior athletes will be nominated for the Continental Championships in order of the prioritized criteria listed below until all quota spots are filled:

Priority 1: Athletes selected to the 2025 World Triathlon Junior World Championships

Priority 2: Top 5 Juniors at the at 2025 Triathlon Canada National Championships.

Priority 3: Top 5 Juniors on the 2025 National Development Series – Final ranking.

Priority 4: Any remaining quota will be filled in order of placing on the 2025 National Development Series – Final ranking considering only the athletes who submitted an EOI for the 2026 Junior Continental Championships.

Athletes who have been unable to compete in the 3 months prior to the EOI deadline due to injury/illness will need to provide a proof of fitness to compete prior to their automatic nomination being accepted.

E. National Team Project Requirement

Junior athletes nominated for this event are required to be part of the Triathlon Canada National Team Project for the event. This helps to ensure that athletes have an ideal support environment that optimizes travel, accommodations, meals, coaching and technical support.

When athletes are nominated for the event, they will be sent a formal invitation to the project. The invitation will outline all travel costs and requirements to be part of the project. The athlete is free to accept or decline their invitation based on the information provided in the invitation.

In the event that Triathlon Canada is provided with additional quota beyond the number anticipated in the selection document. Triathlon Canada reserves the right to determine whether these quota may be distributed to additional athletes who will not be travelling with the National Team Project.

If an athlete is approved for travel outside the National Team Project, they will be required to provide the following information:

- Permission letter from Parent/Guardian
- The athlete must travel with and be supported by a Parent/Guardian at the event
- The athlete's travel itinerary
- The athlete's accommodation reservation information
- Emergency contact information
- Acknowledgement that the athlete and their parent/guardian are responsible for ensuring the athlete's safety and logistical support at all times. They are also responsible for all costs associated with competing at the event.

The Continental Championships are often held in areas that are logistically complex. The above requirements are meant to ensure that junior athletes have optimal support and supervision so that they can enjoy the experience and focus on racing.

F. TEAM ANNOUNCEMENT (If applicable)

Triathlon Canada will inform athletes of their selection after the EOI deadline and prior to the creation of the World Triathlon Start List.

G. CONDITIONS AND PROCEDURES OF WITHDRAWALS

An athlete who receives a position on the start list for a World Triathlon Event, or has a high probability of doing so, must notify Triathlon Canada **no later than 14 days** before the race start should they decide to withdraw from the race, unless an injury and/or unforeseen circumstance arises preventing him/her from honoring his/her commitment to race. In the event an athlete withdraws due to injury or illness, a medical certificate must be provided with the withdrawal request. In the event an athlete withdraws due to an unforeseen circumstance, a communication of the justification must be sent directly to the HPD for consideration. As per World Triathlon rules, late withdrawals may remove an athlete from all start and waitlists for 30 days following the withdrawal and may also reduce Triathlon Canada's quota spots for future events. Furthermore, late withdrawals block over quota athletes from the opportunity to race. The following penalties will be applied to all late withdrawals within the stated time frame when sufficient justification can not be provided:

- **1st Offence:** Athlete will receive a formal warning from the HPD
- **2nd Offence:** Athlete is fined \$150 and will receive another warning from the HPD
- **3rd Offence:** Athlete is fined \$300 and will be required to attend a zoom meeting with the HPD.

H. MODIFICATION OF POLICY

Triathlon Canada reserves the right, in extenuating circumstances, to modify this policy as it deems necessary in its sole discretion. Any such exercise of discretion shall be subject to the Canadian administrative law principles of fairness.

In the event that this policy is modified, Triathlon Canada will promptly communicate to its affected athletes and publish the revised document on its web page.

I. LANGUAGE

When there are issues of interpretation the English and French versions are equally authoritative and must be read together in order to determine the intended meaning.

J. EVENT COSTS

All event costs are the responsibility of the athlete unless communicated by Triathlon Canada. If Triathlon Canada, as the National Sport Organization, is managing an event's logistics and costs, all costs that are the responsibility of the athlete will be communicated upon confirmation of available resources and final expenses.

K. APPEALS

Triathlon Canada is responsible for all Team decisions. As such, an athlete wishing to appeal a decision regarding the Team selection must follow the Triathlon Canada Appeals Policy (see Triathlon Canada website).