

IRONMAN PRO LICENSE

1. DESCRIPTION

An Ironman Pro License is the process used by Triathlon Canada to confirm eligibility for Ironman Pro athletes to compete in IRONMAN events. ***A Pro License does NOT grant you access into IRONMAN and XTERRA Events.*** If you are wishing to race in both Ironman and World Triathlon events, please apply for the Triathlon Canada International Competition Card. At any point in the season, you can choose to upgrade your Ironman Pro License to an International Competition Card. To do so, please contact hp@triathloncanada.com

2. WHO NEEDS AN PRO LICENSE?

IRONMAN requires a Pro License for all athletes competing in the professional category in an IRONMAN, IRONMAN 70.3, XTERRA or affiliated event as a result of IRONMAN's alignment with the World Triathlon's Elite Multisport Eligibility Criteria.

3. WHAT DOES THE PRO LICENSE APPLICATION INCLUDE?

The application includes the following items:

- a) **Pre-Participation Medical Exam (PPE):** This is a mandated medical exam conducted by a licensed physician, which determines medical clearance to race. The PPE is required for all elite athletes.
- b) **Triathlon Canada Policies and Agreements:** Athletes must comply with all of Triathlon Canada's core policies and agreements. These include, but are not limited to:
 - Athlete Agreement;
 - Appeals Policy;
 - Code of Conduct and Ethics;
 - Competition Readiness Policy;
 - Communication Policy;
 - Conflict of Interest Policy;
 - Equity and Access Policy;
 - Privacy Policy;
 - Respectful Workplace Policy;
 - Impairment and Accommodation Policy;
 - The Universal Code of Conduct to Prevent and Address Maltreatment in Sport
 - Social Media Policy; and
 - Team Compliance and Logistics Policy.

4. WHAT DOES IT COST?

The 2025 Ironman Pro License is \$115.00.

5. HOW TO SUBMIT FOR AN IRONMAN PROFESSIONAL LICENSE:

Proof of a valid Pro License is required to apply for an IRONMAN pro license. Simply submit your Pro License payment confirmation email from CCN to promember@ironman.com to gain eligibility.

6. WHAT IS THE APPLICATION PROCESS?

The Ironman Pro License application process can be found in your Triathlon Canada Athlete Database account.

Before you begin, be aware that you will need the following:

- Proof of Canadian citizenship or Permanent Resident status (i.e. Canadian Passport) if applicable
- An appointment with your family doctor or a medical clinic to complete your PPE, which can be downloaded here:
 - [Pre-Participation Exam](#)
- A valid 2025 Provincial Membership
- 15+ minutes to complete the application, and
- If you are under the age of 18 you will be required to have a parent or guardian electronically sign several documents throughout the process.