

## INTERNATIONAL COMPETITION CARD

### 1. DESCRIPTION

An International Competition Card (ICC) is the process used by Triathlon Canada to confirm eligibility for elite triathletes to represent Canada at events sanctioned by World Triathlon. ***An ICC does NOT guarantee placement on an elite start list.***

### 2. WHO NEEDS AN ICC?

An ICC is required by World Triathlon for all Canadian athletes competing in World Triathlon sanctioned events in the Elite, U23, Junior and Para categories in all triathlon and multisport disciplines (inclusive of winter triathlon). This includes all PATCO events such as Continental Cups, Continental Championships and Regional Championships.

### 3. WHAT DOES THE ICC APPLICATION INCLUDE?

The application includes the following items:

- a) **Pre-Participation Medical Exam (PPE):** This is a World Triathlon mandated medical exam conducted by a licensed physician, which determines medical clearance to race. The PPE is required for all elite athletes.
- b) **Anti-Doping:** Every athlete with an ICC must comply with the Canadian Anti-Doping Policy. As such, all ICC athletes are accountable to the Canadian Center for Ethics in Sport (CCES) and are identified in the Triathlon Canada National Athlete Testing Pool. Athletes are required to complete or refresh the CCES True Sport Module annually. World Triathlon will not allow entry onto a start list without an up to date Anti-Doping education.
- c) **Triathlon Canada Policies and Agreements:** Athletes must comply with all of Triathlon Canada's core policies and agreements. These include, but are not limited to:
  - Athlete Agreement;
  - Appeals Policy;
  - Code of Conduct and Ethics;
  - Competition Readiness Policy;
  - Communication Policy;
  - Conflict of Interest Policy;
  - Equity and Access Policy;
  - Privacy Policy;
  - Respectful Workplace Policy;
  - Impairment and Accommodation Policy;
  - Universal Code of Conduct to Prevent and Address Maltreatment in Sport
  - Social Media Policy; and
  - Team Compliance and Logistics Policy

*Triathlon Canada's secure Smartabase system is used to collect and store all ICC applications and associated medical and performance data.*

#### 4. WHAT DOES IT COST?

The 2025 ICC is \$210.00.

This fee helps to offset the significant resources allocated by Triathlon Canada to support ICC athletes (ie. World Triathlon entries, familiarization, and race day insurance at World Triathlon events, Q&A, database security and management, uniform requirements, selection processes, and Triathlon Canada support throughout the season).

#### 5. UNIFORMS:

Athletes planning to enter any World Triathlon Championship level event, as either an individual or on a Mixed Relay, must have a current ICC and a current Team Canada Elite uniform. These events include:

Triathlon	Paratriathlon	Multisport
World Triathlon Championship Series	World Triathlon Para Series	Multisport World Championships
World Triathlon Championship Finals (Elite, U23 and JR)	World Triathlon Championship Finals (Para)	
Continental Championships		
FISU World University Championships		

*Please note: A Triathlon Canada Elite uniform is NOT required for World Cups, Continental Cups or Regional Championships.*

#### 6. RULES FOR ICC HOLDERS AROUND RACING AS AN AGE GROUP ATHLETE:

World Triathlon Elite athletes who are on Triathlon Canada's National Team and all athletes who have competed in a World Triathlon Championship Series event are NOT eligible for World Triathlon Age Group competitions within the same calendar year. World Triathlon Age Group competitions include all age group categories at World Triathlon Championship events (Triathlon, Paratriathlon and Multisport).

#### 7. WHAT IS THE APPLICATION PROCESS?

Before you begin, be aware that you will need the following:

- Proof of Canadian citizenship or Permanent Resident status (i.e. Canadian Passport) if applicable
- An appointment with your family doctor or a medical clinic to complete your PPE, which can be downloaded from the publication page of the Triathlon Canada website:
- A valid 2025 Provincial Membership
- 30+ minutes to complete the application, and
- If you are under the age of 18 you will be required to have a parent or guardian electronically sign several documents throughout the process.