

## 2024 TRIATHLON CANADA MIXED RELAY SQUAD SELECTION POLICY

### A. INTRODUCTION

This document establishes the eligibility and selection criteria for individual selection to Triathlon Canada's entry to all 2024 Mixed Relay Events. Triathlon Canada is committed to selecting the highest performing team using a combination of objective and subjective selection criteria; and in accordance with World Triathlon entry criteria.

Triathlon Canada's Mixed Relay objectives for the 2024 season are 1) to provide a development opportunity for U25 athletes to compete at the highest level of elite triathlon and 2) strive for podium performances at all events through the selection of athletes that demonstrate podium potential.

Triathlon Canada will be selecting a Mixed Relay Squad to compete in all 2024 World Triathlon Mixed Relay events. A total of six (6) athletes will be named to the Mixed Relay Squad, three (3) per gender. Four (4) athletes (two per gender) will be selected as Starters, and two (2) athletes (one per gender) will be selected as Alternates.

The squad will be selected by March 1<sup>st</sup> 2024 by the High Performance Director in consultation with the High Performance Advisory Committee.

The following expectations and considerations apply to selection to the Triathlon Canada Mixed Relay squad:

- By accepting selection to the Mixed Relay Squad, an athlete is agreeing to prioritize the relay event over the associated individual event if applicable.
- Selection to a Mixed Relay Series event does not guarantee selection to the associated individual event if applicable.
- Depending on the Mixed Relay Series event, athletes selected as Alternates may or may not be a travelling alternate and will be notified with appropriate time by the High Performance Director.
- Team rosters (e.g. starters and alternates) will be subject to change on review of each athlete's health status and season competition plans. In the event an athlete needs to be replaced, alternates will be notified with appropriate time. Should an athlete withdraw or be removed from the Mixed Relay squad, additional athletes will be considered for selection to the Squad.

Further to the eligibility and selection criteria outlined in this policy, the following conditions apply to the application of this policy:

1. Triathlon Canada is not obligated to enter a relay team at any event.
2. Selection according to the terms of this Policy will not qualify an athlete for participation in any World Triathlon event if the athlete is not eligible according to the World Triathlon Eligibility Rules applicable to the aforementioned events.
3. This policy can be amended at any time by Triathlon Canada if Triathlon Canada is of the opinion, that such an amendment is necessary due to any change in World Triathlon guidelines, or to give effect to the Policy following discovery of a drafting error or oversight, or for any other reason determined to be in the best interests of Triathlon Canada by Triathlon Canada. Triathlon Canada shall not be responsible or liable in any way to any one as a result of any such amendment.

4. The Schedules and Appendices and any other document referred to in this document form part of this Selection Policy.
5. It is the athlete's responsibility to read and understand this Policy (and other supporting documents and/or policies).

In the first instance, for further clarification relating to this Policy, queries should be directed to the High-Performance Director.

If an athlete is still unclear about the Policy (and other supporting documents and/or policies) operation or effect, independent legal advice should be sought.

## **B. ELIGIBILITY CRITERIA**

Only athletes meeting the following terms will be eligible for selection.

### *1. World Triathlon Eligibility Criteria*

An athlete must:

- Comply with all current World Triathlon Rules regarding citizenship, national representation, and eligibility.
- Be a Canadian citizen;
- Complete the World Triathlon medical Pre-Participation Evaluation (PPE) prior to competing in any World Triathlon event.

If there is any doubt regarding eligibility to compete for Canada, athletes must contact the Chief Executive Officer (CEO) or designate of Triathlon Canada for clarification.

### *2. Triathlon Canada Specific Eligibility Criteria*

An athlete must:

- Be a Canadian citizen;
- Be born on or after January 1<sup>st</sup> 1999;
- Be members in good standing with a Triathlon Provincial Sport Organization;
- Be in good standing with Triathlon Canada;
- Have a current Triathlon Canada International Competition Card (ICC);
- Have submitted all ratified run and swim times as required by Triathlon Canada;
- Be deemed healthy to race as per Triathlon Canada's Competition Readiness policy (see Appendix A); and
- Participate fully with Team Canada as per the Triathlon Canada Athlete Agreement
- If eligible, participate in the 2024 Triathlon Canada National Championships
- Have a coach of record that is in good standing with the Coaching Association of Canada and Triathlon Canada OR be in good standing with their respective National Sport Organization/Coaching Association

## **C. SELECTION CRITERIA**

This selection policy applies to the following World Triathlon Mixed Relay events:

**2024 World Triathlon Mixed Relay Olympic Qualification Event – Huatulco****2024 World Triathlon Mixed Relay Championships Elite – Hamburg****2024 World Triathlon Mixed Relay Series – Montreal****2024 World Triathlon Mixed Relay Championship Jr/U23 – Malaga****2024 Americas Triathlon Mixed Relay Championships – TBC**

This policy also applies to any additional mixed relay events added by World Triathlon to the 2024 calendar.

All selections through this policy will be through discretionary selection. Discretionary selection is the sole authority of the High-Performance Director. Discretionary selection will be based on, but is not limited to, the following objective and subjective criteria (not in priority order):

- 2022/2023 individual results (placing and %RW) in World Triathlon Championship Series (WTCS), World Triathlon World Cup (WC) and PATCO Continental Cup (CC) sprint or super-sprint distance events.
- 2022/2023 individual leg results (placing, %RW and %RLL) in World Triathlon Mixed Relay events.
- 2022/2023 team results (placing and %RW) in World Triathlon Mixed Relay events.
- Submitted ratified times as per Triathlon Canada 2024 Ratified Swim and Run Times Policy.
- Demonstration of specific abilities that contribute to team performance including:
  - Consistent front-pack swimming
  - Consistent world-class T1 and T2 times
  - Ability to create or close gaps in the swim, bike and/or run
- Demonstration of progression and trajectory through Triathlon Canada's Podium Pathway.
- Demonstration of commitment to Triathlon Canada initiatives, strategies and team plans at any Triathlon Canada supported/identified events (e.g training camps, World Triathlon Championship Finals, Mixed Relay events).
- Demonstration of positive contribution to team dynamics and team compliance at Triathlon Canada support and identified events.

**D. FINAL TEAM ROSTERS**

- Final team rosters will be determined by Triathlon Canada as per World Triathlon/Organizing Committee rules.
- Athletes selected as alternates are considered part of the team and are expected to retain competition readiness in preparation for the event, and throughout if applicable.

**E. EVENT COSTS**

Subject to available budget, Triathlon Canada will be providing full or partial-funding for the associated costs of each event. In the event partial-funding is provided, athletes are responsible for the initial cost of event expenses with Triathlon Canada providing a stipend on the completion of the event.

**F. CONDITIONS AND PROCEDURES OF ENTRY**

- In accordance with World Triathlon rules all athlete entries into events are managed by Triathlon Canada;
- All athletes must submit an **Expressions of Interest** (EOI) for all Mixed Relay events outlined in Section C no later than February 23<sup>rd</sup>;

**G. MODIFICATION OF POLICY**

Triathlon Canada reserves the right, in extenuating circumstances, to modify this policy as it deems necessary in its sole discretion. In the event that this policy is modified, Triathlon Canada will promptly post an announcement on its website announcing the changes.

Extenuating circumstances may include, but are not limited to, World Triathlon rule changes, non-competitiveness at any selection event(s), or inappropriate timing of any selection event(s) as it relates to the overall Triathlon Canada High Performance program.

**H. LANGUAGE**

Where there is a difference in interpretation between the French and English versions of this document, the English shall prevail.

**I. APPEALS**

Triathlon Canada is responsible for all Squad and final roster decisions. As such, an athlete wishing to appeal a decision regarding the Squad selection must follow the Triathlon Canada Appeals Policy (see Triathlon Canada website).

**SCHEDULE 1  
COMPETITION CALENDAR**

The current World Triathlon Event Calendar can be found [here](#)

## APPENDIX A COMPETITION READINESS POLICY

### INTRODUCTION

The purpose of this document is to outline the eligibility procedures (the “competition readiness” determinant) that will be used by Triathlon Canada to select athletes who wish to be entered in any international competition.

The objective of the Triathlon Canada Competition Readiness Policy (TCCRP) is to identify and support Canadian athletes who have demonstrated the ability to consistently manage and monitor their health status, adopt a safe and effective training program, communicate clearly and honestly their current health status to Triathlon Canada, and target the appropriate levels of competition; all with the intent of continued progression towards achieving a podium result at the Olympic/Paralympic Games and World Championships. Triathlon Canada will evaluate each athlete entry request on a case-by-case basis.

### POLICY DETAILS

As per World Triathlon rules and regulations, Triathlon Canada is solely responsible for validating and submitting entry of Canadian athletes into international competition.

Demonstrated competition readiness is only one of many eligibility requirements outlined in Triathlon Canada’s individual event selection criteria documents. Valid and up to date athlete/coaching training logs, Triathlon Canada athlete monitoring programs, validated medical diagnosis/prognosis (through Triathlon Canada’s team physician), and athlete performance analysis will be used to evaluate and determine the competition readiness of an athlete. Triathlon Canada High Performance Selection Committee will have sole discretion to allow or deny entry into an event.

### TRIATHLON CANADA’S AUTHORITY FOR DECISIONS

All matters relating to the nomination of athletes for international competition are the sole authority of Triathlon Canada. Competition readiness will be determined based on an athlete meeting all of the following criteria

#### Criteria 1: Current Athlete Health Status

To be considered competition ready by Triathlon Canada, an athlete must provide or demonstrate the following to Triathlon Canada:

- 1.1 A medical report clearing the athlete for competition from Triathlon Canada’s team physician or from a sport science and sport medicine (SSSM) practitioner as approved by Triathlon Canada’s team physician;
- 1.2 Access to or an up-to-date Triathlon Canada approved training/monitoring log; and.

**Criteria 2: Athlete Daily Monitoring and History**

To be considered competition ready, an athlete must provide or demonstrate the following:

- 2.1 80% completion of Triathlon Canada approved daily monitoring tools;
- 2.2 Not miss three (3) consecutive days of daily monitoring;
- 2.3 Full compliance with Triathlon Canada's Competition Readiness Policy in previous event entry requests;
- 2.4 Adoption and adjustment of training/competition principles in line with best practices for reducing injury as advised by the Triathlon Canada approved SSSM practitioners;
- 2.5 Adherence to return to play protocols during previous injuries as defined and outlined by Triathlon Canada approved SSSM practitioners and as directed by Team Canada's team physician; and
- 2.6 Consistent, clear, and timely communication of athlete training logs and health status as requested by Triathlon Canada.

**Criteria 3: Competition Level**

To be considered competition ready, an athlete must provide or demonstrate the following:

- 3.1 A commitment to compete at Triathlon Canada National Championships;
- 3.2 Progression of results at each successive level of competition as defined by Triathlon Canada's Podium Pathway;
- 3.3 A potential to achieve a top ten (10) result in the requested event based on performance metrics (previous performances, GMP run and swim times, quality of field); and
- 3.4 A commitment to compete at events in which Triathlon Canada selected an athlete to compete.