



2022 Triathlon Canada Triathlon AAP Nomination Criteria

For nominations for the 2022 Athlete Assistance Program carding cycle
(Financially supported by Sport Canada)

Triathlon Canada is carefully following the evolution of the coronavirus on the global and domestic level and how it may impact events in 2021. Unless otherwise required by exceptional and unforeseen circumstances related to the impact of the coronavirus, Triathlon Canada will respect these published criteria as written.

However, situations related to the coronavirus pandemic may arise that require this AAP Nomination Criteria to be modified. Any modifications will be made promptly and as often as required following developments that directly impact the AAP Nomination Criteria. In such circumstances, any modifications will be communicated to all affected individuals as soon as possible.

Further, situations may arise that do not allow this AAP Nomination Criteria to be modified or applied as written due to time constraints or other exceptional and unforeseen circumstances. In such situations, any decision, including nomination decisions, will be made by the individual(s) with decision-making authority, as stated in this AAP Nomination Criteria, in consultation with the relevant individual(s) or committee(s) (as applicable), and in accordance with the stated performance objectives and selection philosophy and approach as stated herein. Should it be necessary to make any decision in this manner, Triathlon Canada will communicate with all affected individuals as soon as possible.

A. INTRODUCTION

The purpose of this document is to outline the qualification and selection procedures (the "Selection Process") that will be used by Triathlon Canada to select athletes to be nominated for Sport Canada's Athlete Assistance Program (AAP).

The objective of the AAP is to identify and support Canadian athletes who have demonstrated the potential to achieve a top sixteen (16) result at the Olympic and World Championships. Sport Canada evaluates the number of athletes that will be supported for each sport and issues "cards" under the AAP program. The AAP is commonly referred to as the "carding" program hence the term "carded" for AAP supported athletes.

B. POLICY DETAILS

Sport Canada determines the card quotas for eligible NSOs and sport disciplines. Each eligible sport discipline is allotted a certain number of senior cards with a corresponding monetary amount. The annual allocation for Triathlon Canada is currently 7 senior cards, the equivalent of \$148,260. Sport Canada regularly reviews its allocation of cards; this quota is therefore subject to change.

Demonstrated performance is the primary requirement of the carding process. International and/or domestic results will be used to evaluate performance and determine eligibility under the carding



criteria as collaboratively developed and agreed to by Sport Canada and Triathlon Canada.

DEFINITIONS

Carding Cycle refers to the period January 1st to December 31st.

Current Carding Cycle refers to the period January 1st of the current year and ending December 31st of the current year.

A Card is a general term for different types of Cards that exist:

- Senior International card (SR1/SR2)
- Senior Domestic card (SR/C1)*
- Senior Injury card (SRI)
- Development card (D)
- Development Injury card (DI)

* Senior cards awarded to athletes who meet the Senior Domestic criteria for the first time are called C1 Cards and are funded at the Development card level. If, however, the athlete has been previously carded at the SR1/SR2 level, has been named to the national senior team, or has competed in senior World Championships before meeting the national criteria for the Senior Card for the first time, the athlete will be funded at the Senior Card (SR) level rather than at the D level.

TRIATHLON CANADA'S AUTHORITY FOR DECISIONS

All matters relating to the nomination of athletes for AAP are the sole authority of Triathlon Canada. Triathlon Canada makes decisions relating to the approval of AAP nominations on the basis of the approved Triathlon Canada AAP Criteria and requirements. If an athlete does not meet the criteria or requirements set out in the Triathlon Canada AAP Criteria, the athlete will not be eligible for nomination by Triathlon Canada.

SECTION 1: CARDING ALLOCATION

- 1.1 Carding is only available for results obtained in World Triathlon (WT) Standard, Sprint, Super Sprint or Mixed Relay events in the Elite, U23 and Junior categories. Any eligible athlete must show that he/she is specializing in WT Standard, Sprint, Super Sprint or Mixed Relay racing.
- 1.2 The annual carding qualification period is defined by the schedule of WT points scoring events January 1st to December 31st of the current year.
- 1.3 Cards will be allocated based on the following priority ranking:
 - i. Senior cards –SR1, SR2, SR, C1 and SR Injury cards
 - a. Athletes eligible for “Senior International” cards;
 - b. Athletes eligible for “Senior Domestic” cards;
 - ii. Development cards – Athletes eligible for “Development” cards



- 1.4 The Triathlon Canada High Performance Director (HPD) makes final recommendations, upon review with Triathlon Canada's High Performance Advisory Committee on nomination to Sport Canada's AAP, based on Triathlon Canada's carding criteria. The High Performance Director is responsible for the implementation of this policy.
- 1.5 Sport Canada is responsible for approving nominations in accordance with the AAP policies and the published Triathlon Canada approved and AAP compliant carding criteria.

SECTION 2: MINIMUM QUALIFICATION REQUIREMENTS

- 2.1 AAP support is subject to athletes' availability to represent Canada in major international competitions, including World Championships, and the Olympic Games; participation in preparatory and annual training programs; and adherence to their Athlete/Triathlon Canada Agreement.
- 2.2 The athlete must be a **Canadian citizen or PERMANENT RESIDENT OF CANADA**, on the date of the beginning of the carding cycle, and the athlete shall have been a legal resident in Canada (student status, refugee status, work visa or permanent resident) for a minimum period of one year before being considered for AAP support. The athlete would normally be expected to have participated in Triathlon Canada-sanctioned programs during that time period.
- 2.3 The athlete, under the eligibility requirements of the WT, **as it pertains to citizenship or residency status**, must currently be eligible to represent Canada at major international events, including World Championships.
- 2.4 The athlete must be in a Triathlon Canada approved training environment. Approval must be received from Triathlon Canada's HPD prior to February 1 of the nomination year. A Triathlon Canada approved training environment is one that includes or is considered, but is not exclusive to, the following,
 - A Triathlon Canada National Performance Centre or associated program (ie Academy)
 - A Triathlon Canada endorsed Provincial High Performance Program
 - Full-time direct coaching (not online) in a consistent manner
 - A High Performance programming and competition focus (not age group or long-distance)
 - Alignment with Triathlon Canada's Podium Pathway
- 2.5 The athlete must adhere to an approved competition schedule that reflects the strategic direction of Triathlon Canada's HP program. Approval must be received from Triathlon Canada's HPD prior to February 1 of the nomination year. Adjustments and direction of the competition schedule are under the guidance of the HPD and are guided by the following principles,
 - Appropriate level of racing for the athlete
 - Criteria achieved as communicated in Triathlon Canada's Event Selection Policy
 - Proven evidence of ability to maximize World Triathlon Individual Ranking Points
 - Race profile (course, Quality of Field, Depth of Field etc)



- Strategic initiatives (ie relay, WT quota acquisition) and prioritization of Triathlon Canada’s HP strategies

2.6 The athlete must be in a Triathlon Canada approved training environment and have a coach-of-record for the entirety of the AAP carding cycle that;

- Is a Registered Coach with Triathlon Canada and,
- Is in good standing with the Coaching Association of Canada or,
- Is in good standing with their respective home country’s recognized coaching association/National Federation and,
- Is directly (this requires the coach to be demonstrably physically present at training sessions and/or races in a consistent manner) coaching the athlete in the daily training environment , unless limited by uncontrollable circumstances, and,
- Agrees to share, in writing, all training logs or plans with Triathlon Canada’s High Performance Director upon request,
- Agrees to commit to and prioritize Triathlon Canada’s strategic initiatives as directed by Triathlon Canada’s HPD
- Communicates on a regular basis, or upon request, with Triathlon Canada’s High Performance director in regards to the athlete and,
- Is not the athlete.

SECTION 3: SENIOR INTERNATIONAL CARDING CRITERIA (SR1/SR2)

The allocation of Senior International Cards will be based on the following performance criteria set by Sport Canada:

Olympic year	
Individual Event Olympic Games	Top 8 and top ½ of the field.

<p>Mixed Relay Event Olympic Games</p>	<p>Eligible athletes must meet BOTH the Team and Individual Performance Benchmarks</p> <p>Team Performance Benchmark: Top 8 and Top ½ of the field</p> <p>Individual Performance Benchmarks (penalties will be adjusted to the penalized athlete):</p> <ul style="list-style-type: none"> i. Finishing within 3.5% of the fastest overall time in their relay leg; and ii. Finishing within 3.5% of the fastest overall time in each discipline (swim, bike and run) of the fastest time in their relay leg; and iii. Finishing within 5% of the fastest overall time in each transition (T1 and T2) of the fastest time in their relay leg. <p>Note: Triathlon Canada has adjusted the Relay placing criteria to reflect the importance of each athlete’s individual leg performance. This is consistent with Section 5.2.1 of the AAP policies and procedures.</p>
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Athletes who meet the Senior International criteria are eligible to be nominated by Triathlon Canada for two consecutive years, with the card for the first year referred to as SR1 and the card for the second year referred to as SR2. The second year of carding is contingent on the athlete being re-nominated by Triathlon Canada and a training and competitive program approved by Triathlon Canada and Sport Canada being maintained. The athlete must also;

- * Sign an Athlete/ Triathlon Canada Agreement and complete an AAP Application Form for the year in question.
- * Compete in the Triathlon Canada National Championships for the year of the carding cycle
- * Be in an approved Triathlon Canada training environment (as defined in Section 2.4)
- * Continue to demonstrate world class ability by achieving at least one of the following results in the season prior to the carding cycle being considered for nomination to the AAP.
 - 1) Podium at a Major Games other than the Olympic Games
 - 2) Top 12 at an WT World Triathlon Championship Series Final
 - 3) Top 10 at an WT World Triathlon Championship Series Event
 - 4) Top 5 at a WT Mixed Relay Series Event



OR at the sole discretion of Triathlon Canada’s High Performance Director based on a comprehensive assessment of an athlete’s results and/or physical testing.

SECTION 4: SENIOR DOMESTIC CARDING CRITERIA (SR/C1)

4.1 Senior carded athletes will normally have a maximum of 5 years, excluding the year(s) in which SR1/SR2 injury cards are awarded, to achieve International Card status (SR1) from the year they were first Senior carded, as a senior aged athlete. An athlete may be nominated for a 6th year or beyond at the SR level if the athlete meets the SR Card criteria 4.5 Priority # 1, and/or if in the opinion of Triathlon Canada’s High Performance Director based on a stringent review of past performance, future potential, and demonstrated improvement, it is determined that the athlete has the potential to qualify for a Senior International card (SR1/SR2), and/or assist other targeted athletes; in their role as a team athlete, in achieving SR1/SR2 status.

4.2 To be considered for an SR/C1 card, an athlete must have:

Requirements for WT Senior age athletes
<ul style="list-style-type: none">• Participated in a minimum of three (3) 2021 WT Championship Standard, Sprint or Mixed Relay Series events in the Elite categories. Note: the requirement to participate in three (3) WT Events may be waived by the Triathlon Canada High Performance Director (see Appendix A Exemption request procedures). AND• Participated in the 2021 Triathlon Canada National Championship. Note: the requirement to participate at the Canadian Championship may be waived by the Triathlon Canada High Performance Director (see Appendix B Exemption request procedures).

Requirements for WT U23/Junior age athletes
<ul style="list-style-type: none">• Been selected to race and MUST compete at the 2021 WT U23/Junior World Championships AND/OR a WT Mixed Relay Championship Series event or WT Mixed Relay Qualification Event (see Appendix A Exemption request procedures). AND• Participated in the 2021 Triathlon Canada National Championship <p>Note: the requirement to participate at the Canadian Championship may be waived by the Triathlon Canada High Performance Director (see Appendix A Exemption request procedures).</p>

4.3 Unless otherwise stated in the Senior Domestic carding criteria, all results herein refer to the season prior to the carding cycle being considered for nomination to the AAP.

4.4 SR/C1 Cards will be allocated regardless of gender and prioritized by the order of the criteria



below.

- 4.5 The remaining number of Senior cards will be allocated to eligible athletes in the following priority order:

Priority #1 – Olympic Games

Athletes who finish within the top 12 and top ½ of the field at the Tokyo Olympic Games in the individual event.

Prioritization:

- a. If there are fewer cards than athletes meeting the Senior Domestic Priority #1 criteria, the athletes with the best finish at the Olympic Games will be ranked higher.

Priority #2 - World Triathlon Championship Series Top 5 (Five) – Podium Track

Athletes who finish in the Top Five (5) at a 2021 WT Championship Series or Final (WTS) Events

Prioritization:

- a. If there are fewer cards than athletes meeting the Senior Domestic Priority #2 criteria, the athlete with the best performance as determined through Triathlon Canada’s Depth of Field and Quality of Field Evaluation Process (Appendix B)

Priority #3 - World Triathlon Championship Series Top 10 – Podium Potential

Athletes with a minimum of two (2) Top Ten (10) finishes at 2021 WTS Series or Final Events.

Prioritization:

- a. If there are fewer cards than athletes meeting the Senior Domestic Priority #3 criteria, the athlete with the best performance as determined through Triathlon Canada’s Depth of Field and Quality of Field Evaluation Process (Appendix B)

Priority #4 – Top 15 WT World Ranking

Athletes ranked within the Top 15 WT Individual World Ranking on Dec 1, 2021.

Prioritization:

- a. If there are fewer cards than athletes meeting the Senior Domestic Priority #4 criteria, the athlete with the highest (best) WT Individual World Ranking will be ranked higher.

Priority #5 – SR2 Injury

Athletes carded the previous year at SR2 levels who meet the injury carding criteria.

Priority #6 – SR Injury



Athletes carded the previous year at SR/C1 levels who meet the Injury carding criteria.

Priority #7 – SR Injury 2nd Year

Remaining Senior Cards will be awarded to athletes carded the previous year at SR2 injury or SR injury levels that meet the Injury carding criteria.

SECTION 5: DEVELOPMENT CARD CRITERIA

5.1 The focus and guiding principle of the Development Card is to assist the transition towards achieving international excellence of development athletes who clearly demonstrate the potential to achieve the Senior International card criteria.

Athletes in the Junior and U23 age categories or within 2 seasons of their last year in U23 are eligible for Development carding support.

Athletes previously carded at the SR1/SR2 and SR/C1 (for two years or more) levels are no longer eligible to be nominated for Development cards unless they achieved the Senior International carding level at junior ages.

5.2 To be considered for a Development Card, an athlete must have:

- Participated at the Junior, U23 and/or Elite 2021 Triathlon Canada National Championship following a draft legal format, in the year of nomination for AAP support. Note: the requirement to participate at the National Championships may be waived by the Triathlon Canada High Performance Director (see Appendix A Exemption request procedures).
- A WT Individual World Ranking as of December 1, 2021
- For Junior athletes, participated in a provincial program activity as directed by their Provincial Sport Organization (if applicable) and approved by the HPD or, is officially involved with their Provincial Sport Organizations' provincial HP program (if applicable) as confirmed by the PSO Executive Director.
- For Junior athletes, participated in a Triathlon Canada National Development Series Event.

5.3 The remaining number of Development cards will be allocated to eligible athletes in the following priority order:

Development Priority #1 – WT Championship Series Event and WT Cup Event Performances

Athletes with a minimum of one (1) Top 20 finish at 2021 WT Series Event AND one (1) Top 8 finish at 2021 WT Cup Events.

Prioritization:

- a. If there are fewer cards than athletes meeting the Development priority #1 criteria, the athlete with best WT Series Event performance as determined by Triathlon Canada's



Depth of Field and Quality of Field Evaluation Process (Appendix B) will be prioritized.

Development Priority #2 – WT Cup Event Performances

Athletes achieving one of the following 2021 WT Cup Event performances, in priority order.

1. One (1) Top 8 finish (in events with DOF <40 for women and <50 for men)
2. Two (2) Top 12 finishes
3. Three (3) Top 20 finishes

*DOF is calculated as per Triathlon Canada's Depth of Field and Quality of Field Evaluation Process (Appendix B)

Prioritization:

- a. If there are fewer cards than athletes meeting the Development priority #2 criteria, the athlete with best performance as determined by Triathlon Canada's Depth of Field and Quality of Field Evaluation Process (Appendix B) will be prioritized.

Development Priority #3 - Under 23 World Triathlon Championships Final Top 8

Athletes finishing in the Top Eight (8), and top 1/2 of the field at the 2021 Under 23 World Triathlon Championships Final

Prioritization:

- a. If there are fewer cards than athletes meeting the Development Priority #3 criteria the athletes who achieved a higher finish will rank higher.
- b. If two or more athletes achieved the same finish, the athlete with the best run percent will be ranked higher.

Development Priority #4 – WT Cup Event and Continental Cup Event Performances

Athletes with a minimum of one (1) Top 20 2021 WT Cup Event AND one (1) Top 3 2021 WT Continental Cup Triathlon finishes.

Prioritization:

- a. If there are fewer cards than athletes meeting the Development priority #4 criteria, the athlete with best WT Cup performance as determined by Triathlon Canada's Depth of Field and Quality of Field Evaluation Process (Appendix B) will be prioritized.

Development Priority #5 – U23/JR World Triathlon Relay Championships

Athletes competing in the U23/JR World Triathlon Relay Championships Event that finish in the Top Three (3) AND meeting the following individual performance benchmarks:

- iv. Finishing within 3.5% of the fastest overall time on their relay leg; and

- (e.g. two athletes finishing 11th will receive a ranking of #1 and the next athlete who placed 12th will be ranked #3).
- c. A review by Triathlon Canada's HP department of an athlete's best two additional in season races taking into consideration the following
 - QOF and DOF
 - Placing
 - % of winner
 - d. Fastest ratified swim and run standards relative to the current *Triathlon Canada Gold Medal Profile* document.
 - e. Fastest stand-alone ratified swim and run standards as defined by Triathlon Canada's Ratified Times Policy
 - f. For junior athletes, overall ranking in Triathlon Canada's National Development Series

If two or more athletes are tied in overall ranking, the tied athletes will be prioritized according to ratified 1500m and 3000m run times.

SECTION 6: INJURY CARDING CRITERIA

- 6.1 A carded athlete, who at the end of the carding cycle has not achieved the standard required for the renewal of carding status because of strictly health related reasons, may be considered for re-nomination for the upcoming year. In this circumstance, the athlete may make written application for an injury card to the High Performance Director, supported by a medical certificate, no later than five (5) calendar days after the conclusion of the World Triathlon Championship Final of the current year as outlined in 1.2 above in order to be considered for selection.
- 6.2 The basic philosophy for selecting an athlete by granting an injury / illness/pregnancy request is that, all things being equal, the athlete nominated has clearly demonstrated superior performances in previous competition to other athletes being considered for AAP nomination.
 - o An injury / illness/pregnancy request is considered as the last means by which an athlete can earn selection and is intended to provide for exceptional circumstances outside the normal selection criteria rather than being part of the normal means by which an athlete can earn selection.
- 6.3 The athlete will be considered for nomination for an injury card at the High Performance Director's sole discretion, subject to the following conditions:
 - a. In the view of the High Performance Director, the athlete has made reasonable efforts, through rehabilitation and training, to return to full high-performance training and competition as soon as possible after acquiring the injury or illness. Despite these reasonable efforts, the athlete failed to meet the selection criteria as outlined in this Selection Criteria document.
 - b. A qualified sport medicine physician, approved by Triathlon Canada, provides a written report to the High Performance Director indicating: (i) the scope of the injury, (ii) the rehabilitation required, (iii) the normal recovery term, and (iv) the prognosis of a full recovery by the athlete (the "Physician's Report"). The Physician's Report must indicate to the High



Performance Director that the athlete will be ready to compete and achieve equal or superior performances to those achieved by the athlete prior to the athlete's injury by no later than five (5) calendar days after the conclusion of the World Triathlon Championship Final of the current year as outlined in 1.2 above. Triathlon Canada's High Performance Director will review the Physician's Report and this individual may obtain a peer-reviewed evaluation of the applicant's information and readiness to return to full-time training and competition.

- 6.4 In the event that an athlete is nominated to receive Sport Canada AAP support on the basis of a successful injury/illness/pregnancy request they will be required to prove recovery, both from a medical perspective and also a performance perspective on or before March 15th.

The determination of what performance benchmarks, and/or health indicators will be utilized to constitute recovery will be made by the Triathlon Canada medical team, coaching staff and High Performance Director, and will be communicated to the individual athlete and their coach before January 15th.

These performance benchmarks, and/or health indicators will be based upon assessing the athlete's ability to perform at the same performance level that earned them selection to Sport Canada AAP support.

- 6.5 If an athlete is subsequently deemed medically unfit and/or is unable to meet the required performance benchmarks on or before March 15th, their nomination will be withdrawn by Triathlon Canada for the remaining months of carding cycle.
- 6.6 The request must be made in writing, signed by the personal coach, stating the circumstances with supporting evidence faxed or mailed to the Triathlon Canada office. Injury requests must include a medical certificate that indicates the type of injury, severity and estimated recovery time. Triathlon Canada has the right to seek a second medical opinion.
- 6.7 The Triathlon Canada High Performance Director will accept or reject all requests and deliver the decision in writing within two weeks of receiving the request.

SECTION 7: ATHLETES TRAINING OUTSIDE OF CANADA

- 7.1 All athletes training outside of Canada are required to support the National program as outlined in this document.
- 7.2 Triathlon Canada will, at its sole discretion, determine if Canadians who achieve the carding criteria while living and training outside of the country will be nominated for AAP funding. The decision will be based on a number of factors which shall include, but not be limited to, the available daily training environment, ability to support the National program as outlined in this document, current and past health status, performance potential and other objective or subjective factors. Triathlon Canada is not obliged to nominate any athletes training outside of Canada.
- 7.3 As per Sport Canada policy (2.5.1), Athletes living outside Canada are not normally eligible for AAP support. Any exceptions to this requirement must be approved by Sport Canada. An



athlete leaving Canada should be fully aware that an exception will be made only through special submissions by the NSO concerned to Sport Canada. Athletes living outside Canada for athletic or academic purposes must demonstrate, to the satisfaction of Sport Canada, that appropriate training programs are in place and are being monitored by their NSO. Athletes who have been living full-time outside Canada for more than two successive years will not normally be considered eligible for AAP benefits. unless these athletes are competing within the Canadian sport system and representing Canada at international competition.

- 7.4 As per Sport Canada policy (2.5.2), Triathlon Canada will nominate athletes who are attending a foreign post-secondary educational institution and are receiving an athletic scholarship for AAP funding provided that they commit to support the National Team Program activities. These athletes will be nominated by Triathlon Canada for AAP support during the months they are not attending the foreign post-secondary institution. It is the responsibility of the individual athlete to notify Triathlon Canada of the applicable time period for which they will not be attending the foreign post-secondary educational institution.
- 7.5 If an athlete decides to train in a daily environment outside of Canada AFTER being nominated for AAP, Triathlon Canada at its sole discretion can recommend AAP support withdrawal to Sport Canada. The daily training environment/coach-of-record must continue to meet the requirements in Section 2.4

SECTION 8: NCAA-BASED CARDED ATHLETES

- 8.1 Sport Canada policy states that athletes attending a foreign post-secondary educational institution and who are receiving an athletic scholarship are not eligible to receive AAP support in the months in which they are attending the foreign post-secondary educational institution.
- 8.2 It is the responsibility of the NCAA-based athlete who is nominated by Triathlon Canada for AAP support to notify Triathlon Canada of the time period that the athlete will not be attending the foreign post-secondary educational institution. Once notified, Triathlon Canada will request that Triathlon Canada activate the athletes AAP support for that period. AAP support will only be activated if the athlete has submitted all of the required documentation to Triathlon Canada by the prescribed deadline in the fall of 2021.
- 8.3 It is the responsibility of the NCAA-based athlete to notify their institutions compliance department to confirm that they are eligible to receive AAP support. It is also NCAA-based athlete responsibility to determine any procedures that they must follow in order to meet the requirements of the institution's compliance department.

SECTION 9: ATHLETES RECEIVING ATHLETIC SCHOLARSHIPS FROM FOREIGN POST-SECONDARY EDUCATIONAL INSTITUTIONS

- 9.1 Sport Canada policy states that athletes attending a foreign post-secondary educational institution and who are receiving an athletic scholarship are not eligible to receive AAP support in the months in which they are attending the foreign post-secondary educational institution.



- 9.2 As per Sport Canada policy (2.5.2), Triathlon Canada will nominate athletes who are attending a foreign post-secondary educational institution and are receiving an athletic scholarship for AAP funding provided that they commit to support the National Team Program activities. These athletes will be nominated by Triathlon Canada for AAP support during the months they are not attending the foreign post-secondary institution.
- 9.3 It is the responsibility of the individual athlete to notify Triathlon Canada of the applicable time period for which they will not be attending the foreign post-secondary educational institution. Once notified, Triathlon Canada will request that Triathlon Canada activate the athletes AAP support for that period. AAP support will only be activated if the athlete has submitted all of the required documentation to Triathlon Canada by the prescribed deadline in the fall of 2021.
- 9.4 It is the responsibility of the athlete who is attending a foreign post-secondary educational institution to notify their institution's compliance department to confirm that they are eligible to receive AAP support. It is also the athlete's responsibility to determine any procedures that they must follow to meet the requirements of the institution's compliance department.

SECTION 10: NATIONAL PROGRAM MANDATORY EVENTS

Once carded, all athletes must attend Triathlon Canada competitions for which they are deemed eligible and selected, and any Triathlon Canada camps for which they are selected.

Mandatory events are as follows;

- Triathlon Canada National Championships (unless a written exemption is provided by Triathlon Canada's High Performance Director)
- Any and all events as communicated by Triathlon Canada as 'targeted' or 'mandatory'
- Camps or testing that is communicated by Triathlon Canada as 'targeted' or 'mandatory'

Athletes that do not attend mandatory events after being nominated and approved for AAP funding may be recommended for withdrawal of said AAP funding.

SECTION 11: CARDING REQUIREMENTS

- 11.1 All carded athletes must complete and submit all required documentation by the specified deadline in their carding notification letter. Failure to do so will result in Triathlon Canada delaying or rescinding the athlete's nominations to Triathlon Canada for AAP funding. Funding will not be activated until such time that all required documentation is returned to Triathlon Canada.
- 11.2 All carded athletes shall be expected to attend to an appropriate standard of training suitable to progress their competitive standard.
- 11.3 All carded athletes AND personal coaches of carded athletes will be required to submit a Triathlon Canada approved training plan to Triathlon Canada by January 31, 2022 All Triathlon Canada National/Performance Training Centres are to submit training plans.
- 11.4 All carded athletes will be required to complete daily monitoring reports through Smartabase or Training Peaks



- 11.5 All personal coaches of carded athletes will be required to submit updates of athletes upon request from Triathlon Canada.
- 11.6 All athletes AND personal coaches of carded athletes will be expected to submit testing and monitoring data when requested by Triathlon Canada.
- 11.7 All personal coaches of carded athletes will be required to attend Carded Coaches Meetings as determined by the Triathlon Canada High Performance Director.
- 11.8 If for any reason other than injury and illness (see Section 6) an athlete is unable to sustain or otherwise maintain a suitable level of training/racing, their carding status will be reviewed. Should the review provide a negative result, a recommendation for withdrawal of carding will be made to Sport Canada. Triathlon Canada HPD holds the sold
- 11.9 Triathlon Canada High Performance Director retains decision making authority in recommendations to withdraw carding to Sport Canada.

SECTION 12: WITHDRAWAL OF CARDING

Triathlon Canada retains the right to recommend the withdrawal of AAP support at any time during the AAP funding cycle if an athlete is found to be in violation of the following;

- Triathlon Canada Athlete Agreement
- Triathlon Canada Code of Conduct
- Sport Canada AAP Agreement
- WADA or CCES requirements
- Any requirements as defined in this document

Additionally, an athlete will be recommended **for withdrawal of AAP support if their coaching, competition and training status/environment changes from the time of nomination.** If there is a change, it is an athlete's responsibility to request approval from Triathlon Canada's High Performance Director within 48 hours of the change. Approval of the changes is at the sole discretion of Triathlon Canada.

SECTION 13 APPEAL PROCESS

Appeals of Triathlon Canada AAP nomination/re-nomination decision or of Triathlon Canada's recommendation to withdraw carding will be facilitated through Triathlon Canada's [appeal policy](#).



APPENDIX A – EXEMPTION REQUEST AND PROCEDURES

As a condition of nomination to the AAP, athletes are required to compete in a minimum of five (5) WT International events (i.e. Olympic Games; Paralympic Games; Commonwealth Games; Pan American Games); World Triathlon Championship Series; World Triathlon Cup; and PATCO events as posted on www.triathlon.org and the Triathlon Canada National Championships. Exemptions can only be requested for exceptional circumstances to the Triathlon Canada High Performance Director.

1. Exceptional circumstances for exemption may include but are not limited to: a death in the immediate family, an injury, an academic conflict, or a calendar conflict with another competition that is deemed more appropriate, by the Triathlon Canada High Performance Director. Triathlon Canada High Performance Director has the sole authority to determine what an exceptional circumstance is.
2. Request must be made as soon as the problem/issue is known.
3. In an injury case:
 - a. unless the injury occurs within 2 weeks of the event, the request must be received at TC office within 2 weeks of occurrence of the injury;
 - b. when the injury occurs within 2 weeks of the event, the request must be received at the TC office prior to commencement of the event;
 - c. when the injury occurs at the event, the injury must be reported to the TC appointed chief medical officer within a week of the end of the event, who will be responsible to report it to TC office.
4. Except for 3 (c): the request must be made in writing, signed by the personal coach, stating the circumstances with supporting evidence faxed or mailed to the Triathlon Canada office. Injury requests must include a medical certificate that indicates the type of injury, severity and estimated recovery time. Triathlon Canada has the right to seek a second medical opinion.
5. The Triathlon Canada High Performance Director will accept or reject all requests and deliver the decision in writing within two weeks of receiving the request.



Appendix B

Triathlon Canada Depth of Field and Quality of Field Evaluation Process

The purpose of this document is to outline the process that Triathlon Canada will use to determine the Depth of Field (DOF) and Quality of Field (QOF) of an event, as well as how both will be used to evaluate athlete performance. DOF will be used to evaluate an event as a whole, and an athlete's performance will be evaluated relative to the QOF.

Triathlon Canada is aware that events (especially at the Continental Cup and World Cups) vary greatly in terms of competitiveness. The objective of using DOF and QOF is to ensure that athletes, and their coaches, can objectively assess their performances and progression through Triathlon Canada's Podium Pathway. In doing so, they can provide the necessary feedback and make the appropriate shifts to their planning to maximize performance.

Additionally, utilizing DOF and QOF, Triathlon Canada can continue to ensure the top performing athletes are prioritized for selection/nomination through objective comparison of performances. This is in alignment with Triathlon Canada's High Performance mission.

TRIATHLON CANADA'S AUTHORITY FOR DECISIONS

All matters relating to the selection of athletes for WT competition are the sole authority of Triathlon Canada.

DEPTH OF FIELD

Depth of field is defined as the overall competitiveness of an event. Triathlon Canada will determine and publish the DOF within the week prior to the event start date. The process is as follows.

- Average WT World Ranking of the Top 8 Women and Top 10 men on the start list of the event

Note: The WT World Ranking points range between women is significantly larger than men. Additionally, the total number of women in WT races is smaller than men. Therefore, Top 10 will be used for men and Top 8 for women.

Example 1.

Event	Program	DOF (Rank AVG)	Points (AVG)	Rank (Count)	Rank (Range)	Top-3 (Rank Avg)
2019 AJ Bell World Triathlon Leeds	Elite Men	5.5	5171.026	10	9	2
2019 AJ Bell World Triathlon Leeds	Elite Women	5.875	4980.401 25	8	11	2
2019 Huatulco WT Triathlon World Cup	Elite Men	38.9	2344.74	10	42	20.3333 333
2019 Huatulco WT Triathlon	Elite	33	2755.477	8	45	11.6666

World Cup	Women		5			667
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QUALITY OF FIELD

Quality of field is defined as the relative competitiveness of the participants in an event. Whereas DOF uses the absolute WT World Ranking, QOF takes into consideration the actual WT World Ranking Points and the difference between the absolute rankings.

Example 2

Event	Program	DOF (Rank AVG)	QOF (Points AVG)	Rank (Count)	Rank (Range)	Top-3 (Rank Avg)
2019 AJ Bell World Triathlon Leeds	Elite Men	5.5	5171.026	10	9	2
2019 AJ Bell World Triathlon Leeds	Elite Women	5.875	4980.40125	8	11	2
2019 Huatulco WT Triathlon World Cup	Elite Men	38.9	2344.74	10	42	20.3333333
2019 Huatulco WT Triathlon World Cup	Elite Women	33	2755.4775	8	45	11.6666667

For an event such as the Olympic Games or World Triathlon, the DOF and QOF are reflective of the most competitive event. This is due to the understanding that the Top 8/10 athletes will be in attendance. Finish position at those events are an accurate representation of the highest level of competition. However, the competition level of events below the World Triathlon Championship Final and Olympic games is less consistent.

For example, two events can have the same DOF but not necessarily the same QOF. This is where QOF will be one tool to evaluate athlete performance relative to the athlete pool in the event.

EVALUATION OF ATHLETE PERFORMANCE

To further improve the accuracy of assessing athlete performance, DOF and QOF will be utilized in conjunction with Triathlon Canada's Gold Medal Profile and race analysis.

DOF will be used to determine the competitive level of an event and if an athlete achieving selection criteria meets the performance standards. It can also be used to compare two performances with the same result but in different events.

Example 3: Use of DOF

4th at Huatulco WC vs 4th at Banyoles WC

Event	Program	DOF (Rank AVG)	QOF (Points AVG)	Rank (Count)	Rank (Range)	Top-3 (Rank Avg)
2019 Huatulco WT Triathlon World Cup	Elite Men	38.9	2344.74	10	42	20.3333333

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2019 Banyoles WT Triathlon World Cup	Elite Men	15.3	3917.7	10	28	3.333333
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Banyoles WC would be considered the higher level event and thus the result in Banyoles is prioritized.

QOF will be used in comparing differing athlete results between two or more races.

Example 4: Use of QOF

8th at Banyoles WC vs 6th at Huatulco WC

Event	Program	DOF (Rank AVG)	QOF (Points AVG)	Rank (Count)	Rank (Range)	Top-3 (Rank Avg)
2019 Huatulco WT Triathlon World Cup	Elite Men	38.9	2344.74	10	42	20.3333333
2019 Banyoles WT Triathlon World Cup	Elite Men	15.3	3917.7	10	28	3.333333

QOF is the average of the Top 10 athletes starting in the event (the final results of the athlete is highlighted)

Rank	Banyoles Top 10 WT World Ranking Points	Huatulco Top 10 WT World Ranking Points
1	6333.16	3513.06
2	6231.99	2765.62
3	4584.55	2663.22
4	4134.84	2431.39
5	3790.55	2181.9
6	3099.76	2160.73
7	2878.81	2093.05
8	2886.09	1966.62
9	2557.97	1842.62
10	2494.64	1829.19

Though the athlete achieved a higher placing in Huatulco (4th), using the WT World Ranking points as an indicator of athlete performance level, an athlete achieving 8th in Banyoles is in fact performing at a higher level by comparing the relative WT World Ranking points of the athlete ranked in that position prior to the race. This evaluation can be done for any result.

Triathlon Canada's event selection policy outlines the priority criteria and achieving a higher priority criteria is still the primary measure of performance.