

## International Competition Card

### 1. DESCRIPTION

An International Competition Card (ICC) is the process used by Triathlon Canada to confirm eligibility for elite triathletes to represent Canada at events sanctioned by the International Triathlon Union (ITU) or to obtain a professional license with IRONMAN. **An ICC does NOT guarantee placement on an elite start list.**

### 2. WHO NEEDS AN ICC?

An ICC is required by the ITU for any Canadian athlete competing in ITU sanctioned events in the Elite, U23, Junior and Paratriathlon categories in all triathlon and multisport disciplines (inclusive of winter triathlon). This includes all CAMTRI events such as Continental Cups, Continental Championships and Regional Championships.

IRONMAN requires an ICC for all athletes competing in the professional category in an IRONMAN, IRONMAN 70.3 or affiliated event as a result of IRONMAN's alignment with the ITU's Elite Multisport Eligibility Criteria.

### 3. WHAT DOES THE ICC APPLICATION INCLUDE?

The application includes the following items:

- a) **Pre-Participation Medical Exam (PPE):** This is an ITU mandated medical exam conducted by a licensed physician, which determines medical clearance to race. The PPE is required for all elite athletes.
- b) **Anti-Doping:** Every athlete with an ICC must comply with the Canadian Anti-Doping Policy. As such, all ICC athletes are accountable to the Canadian Center for Ethics in Sport (CCES) and are identified in the Triathlon Canada National Athlete Testing Pool. Athletes are required to complete or refresh the CCES True Sport Module annually.
- c) **Triathlon Canada Policies and Agreements:** Athletes must comply with all of Triathlon Canada's core policies and agreements. These include, but are not limited to:
  - Athlete Agreement;
  - Appeals Policy;
  - Code of Conduct, Discipline, & Complaints Policy;
  - Code of Conduct – Friends & Family Policy;
  - Competition Readiness Policy;
  - Communication Policy;
  - Conflict of Interest Policy;
  - Equity and Access Policy;
  - Privacy Policy;
  - Respectful Workplace Policy;
  - Social Media Policy; and
  - Team Compliance and Logistics Policy.

Triathlon Canada's secure Smartabase system is used to collect and store all ICC applications and associated medical and performance data.

**4. WHAT DOES IT COST?**

The 2020 ICC is \$180.00.

This fee helps to offset the significant resources allocated by Triathlon Canada to support ICC athletes (ie. ITU entries, insurance at ITU events, Q&A, database security and management, uniform requirements, selection processes, and Triathlon Canada support throughout the season).

**5. HOW TO SUBMIT FOR AN IRONMAN PROFESSIONAL LICENSE:**

Proof of a valid ICC is required to apply for an IRONMAN pro license. Simply submit your ICC payment confirmation email from CCN to [promember@ironman.com](mailto:promember@ironman.com) to gain eligibility.

**6. UNIFORMS:**

Athletes planning to enter any ITU Championship level event, as either an individual or on a Mixed Team, must have a current ICC and a current Team Canada Elite uniform. These events include:

<b>Triathlon</b>	<b>Paratriathlon</b>	<b>Multisport</b>
World Triathlon Series	Paratriathlon World Championships	Multisport World Championships
World Championships	World Paratriathlon Series	<i>(includes Winter Triathlon)</i>
Continental Championships		
FISU World University		

*Please note: A Triathlon Canada Elite uniform is NOT required for Continental Cups or Regional Championships.*

**7. RULES FOR ICC HOLDERS AROUND RACING AS AN AGE GROUP ATHLETE:**

ITU Elite athletes who are on Triathlon Canada's National Team and all athletes who have competed in a World Triathlon Series (WTS) level event are NOT eligible for ITU Age Group competitions within the same calendar year.

ITU Age Group competitions include all age group categories at ITU World Championship events (Triathlon, Paratriathlon and Multisport).

**8. WHAT IS THE APPLICATION PROCESS?**

The ICC application process is thorough and takes time. Before you begin, be aware that you will need the following:

- a) Proof of Canadian citizenship or Permanent Resident status (i.e. Canadian Passport) if applicable
- b) An appointment with your family doctor or a medical clinic to complete your PPE, which can be downloaded here or from your Smartabase account within the ICC application:
  - a. [Pre-Participation Exam](#)
- c) A valid 2020 Provincial Membership
- d) 30+ minutes to complete the application, and
- e) If you are under the age of 18 you will be required to have a parent or guardian electronically sign several documents throughout the process.