

### A. Introduction

The 2019 Elite National Triathlon Championships will be held at the Kelowna Apple Triathlon. This draft-legal event combines Junior, U23 and Elite athletes. The intent of the event format is to create a highly competitive environment for all athletes on the field of play and expose them to high quality racing in an effort to drive ongoing development. The Kelowna Apple Triathlon has built a program that highlights key elements of Triathlon Canada's high performance plan which targets highly technical, multi-lap courses with multiple racing opportunities at a single venue.

The National Championships are designed to create an appropriate racing environment for elite athletes with a range of skill and experience. For more experienced athletes, such as those with ITU points, a CAMTRI Continental Cup event is being offered. For less experienced athletes, a Triathlon Canada Development Series event is included. These options will overlap to provide a high-quality experience for all athletes.

### B. CAMTRI Breakdown

The CAMTRI event is a two-day semi-final (*super sprint*) to final (*sprint*) format. All athletes will have the opportunity to race twice based on the following breakdown:

#### Saturday Heats (*Super Sprint*):

- 3 waves of up to 30 athletes (*up to 90 total*) for each gender

#### Sunday Finals (*Sprint*):

- A-Final: Top 9 per heat + next top 3 fastest overall times
- B-Final: Next 9 per heat + next top 3 fastest overall times
- C-Final: all remaining CAMTRI athletes + Development Series in placing order up to the determined race cap

### C. National Development Series Breakdown

The National Development Race is also a two-day semi-final (*super sprint*) to final (*sprint*) format open to athletes ages 16 to 23. Registration must be completed for each DAY of racing as the Saturday event is also open to youth, and the Sunday event is an optional add-on. The breakdown is as follows:

#### Saturday Heats (*Super Sprint*):

- This is the BC Super Series event. Wave number and size will be determined by registration numbers.

#### Sunday Final (*Sprint*):

- This will be the C-Final from the CAMTRI events. Athletes will be prioritized into the C-Final wave based on their placement in the Saturday heats up to the race cap (*to be determined by registration numbers*).

### D. 2019 Entry Procedure – CAMTRI Continental Cup

All athletes who are hoping to enter the CAMTRI event are placed on a waitlist. From there, athletes are moved onto the event start lists based on ITU World Ranking points. **ONLY athletes with a valid International Competition Card (ICC) are placed on the CAMTRI waitlist.** [Click here to apply.](#) The process for registration is as follows:

#### Step 1: Expression of Interest (EOI)

- a) If you are attempting to get in to the CAMTRI event, you **MUST have an ICC**. Once you have an ICC, submit your EOI in Smartabase

#### Step 2: Waitlist (WL)

- a) A notification will be sent to the email address associated with each Smartabase account to confirm placement on the Waitlist.

#### Step 3: Start List (SL)

- a) A notification will be sent to the email address associated with each Smartabase account to confirm placement on the Start List (*approximately 32 days prior to the event*).
  - a. Athletes unsuccessful in achieving placement on the CAMTRI Start List may still register for the National Development Series – see details below.

#### Step 4: Registration

- a) Registration will be done through the Local Organizing Committee. A link will be provided to you upon notification of movement to the Start List. **You must register by JUNE 17, 2019.**

*NOTE: CAMTRI Continental Cup events are sanctioned by the ITU, and ITU World Ranking Points are available.*

### E. 2019 Entry Procedure – National Development Series

Athletes may register direct to the National Development Series event by completing registration for the Junior/U23 BC Super Series race on Saturday.

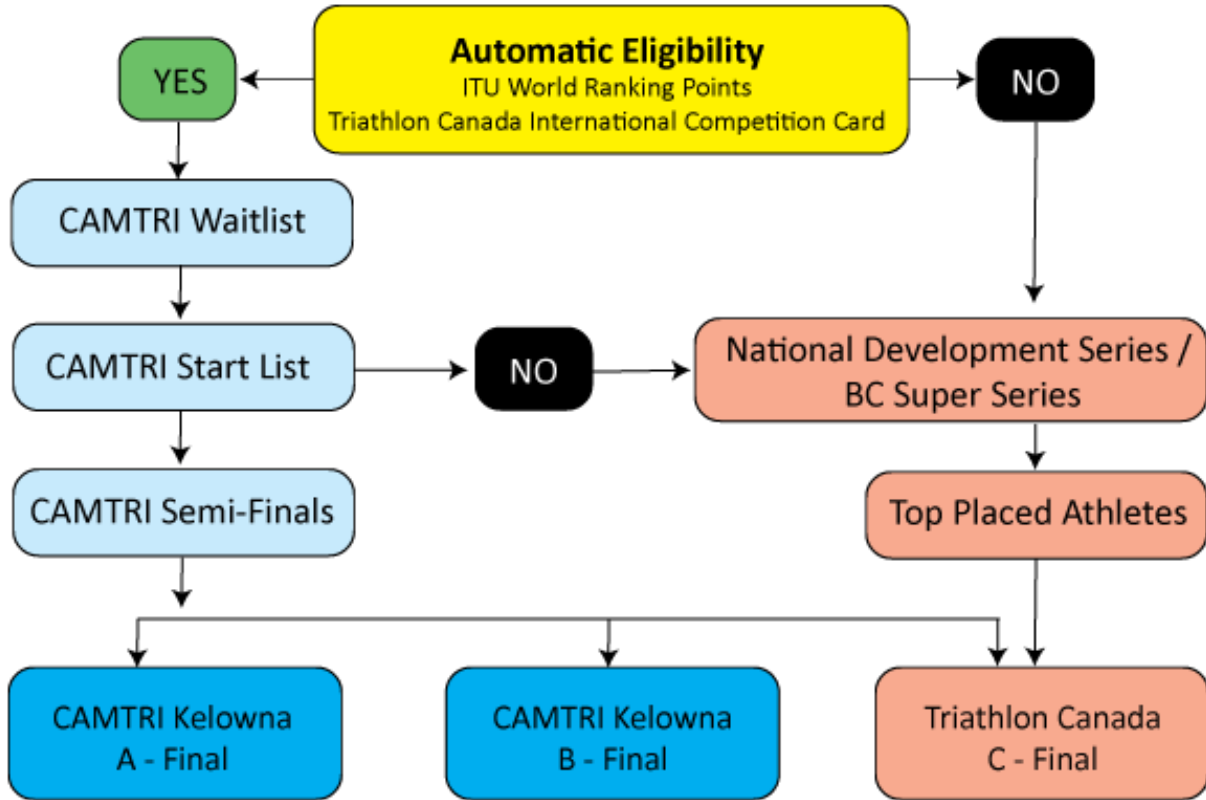
[Click here to register for the Junior/U23 BC Super Series event under Kelowna Apple Triathlon.](#)

For those aged 16 to 23 who wish to take advantage of a second racing opportunity and compete for a National Championship title, registration must also be completed for the Sunday C-Final (draft-legal).

Please email [eric.hegadoren@triathloncanada.com](mailto:eric.hegadoren@triathloncanada.com) for the link and passphrase to register. You must be registered in the Saturday event to be eligible to register for the C-Final.

For any athletes who have already registered for the Age Group Sprint distance event (non-drafting) on Sunday, you may move your entry to the C-final event by emailing [appletriathlon@gmail.com](mailto:appletriathlon@gmail.com).

## APPENDIX A - 2019 Elite National Championships Qualification and Eligibility Pathway



## APPENDIX B – Elite National Championships Format

The 2019 Elite National Triathlon Championships will be held in the following format:

- **Day 1 – Super Sprint:**
  - CAMTRI Heats (*up to 90 men / 90 women*)
  - Junior/U23 BC Super Series Heats (*wave size TBD*)
- **Day 2 – Sprint:**
  - Triathlon Canada C-Final (*race cap TBD*)
  - CAMTRI B-Final (*30 men / 30 women*)
  - CAMTRI A-Final (*30 men / 30 women*)

## APPENDIX C – Determining National Champions

National Champions will be determined based on the following matrix:

Priority	Placing	Awards (3/3)
1	A Final Finishers	Elite (Overall)* U23 Junior
2	A Final DNF	
3	A Final DNS	
4	A Final DQ	
5	B Final Finishers	
6	B Final DNF	
7	B Final DNS	
8	B Final DQ	
9	C Final Finishers	
10	C Final DNF	
11	C Final DNS	
12	C Final DQ	

*\*"Elite" includes all age subdivisions. If a U23 or Junior aged athlete places top 3 in the overall standings for their gender they will ALSO be awarded the Elite National Championship trophy according to their placement.*