



**2018 Apple Triathlon  
Triathlon Canada National Championships  
& CAMTRI Continental Cup  
August 18-19, 2018**

SCHEDULE OF EVENTS:

**Saturday, August 18**

- **Kids Triathlon**
  - 8-9 Year Olds
  - 10-11 Year Olds
  - 12-13 Year Olds
  - 14-15 Year Olds
  - This is open to all kids and there are no qualification requirements.
- **Youth/Junior/U23 Draft Legal Race**
  - This event is part of the Triathlon BC Project 2024 Draft Legal SuperSeries
  - There are no qualifications required for this event aside from athlete age and ability to race in a draft legal event.
- **Adult Try-a-Triathlon**
  - This is a short distance race for new triathletes to test the waters with a shortened race.
- **CAMTRI Continental Cup Heats** (Super Sprint Distance)
  - 3 Heats of 30 athletes for both males and females
  - Country quota is determined by ITU and CAMTRI
  - Qualification and Registration for this event is done through Triathlon Canada. Please [click here](#) for details and instructions on how to submit your Expression of Interest.

**Sunday, August 19**

- **Standard Distance Age Group National Championships** (Draft Illegal)
  - National Champions will be crowned in each 5-year age category (18-24, 25-29, etc.)
  - 3 Age Group World Championship Qualifying Spots PER age category to represent Canada at the 2019 Grand Final in Lausanne, Switzerland.
  - This event is open to everyone to compete for as long as space remains - there are no qualifications to compete in the National Championships.
- **Sprint Distance Age Group National Championships** (Draft Illegal)
  - National Champions will be crowned in each 5-year age category (16-19, 20-24, etc.)
  - 3 Age Group World Championship Qualifying Spots PER age category to represent Canada at the 2019 Grand Final in Lausanne, Switzerland.
  - This event is open to everyone to compete for as long as space remains - there are no qualifications to compete in the National Championships.
- **CAMTRI Continental Cup Final** (A and B - Draft Legal)
  - Athletes will qualify for the A or B final based on their placing from Saturday's heats.
  - The Elite National Champion will be crowned from the A Final.
- **Triathlon Canada Development Race / CAMTRI C Final** (Draft Legal)
  - Athletes remaining from the CAMTRI heats on Saturday who do not make it into the A or B final will proceed to the C Final
  - Athletes who have direct qualified to the C Final will make up the rest of the field. See the "[Pathway to Nationals](#)" document for a full description.